ELDERBRIDGE AGENCY ON AGING
ANNUAL ADVISORY COUNCIL MEETING MINUTES
Zoom Conference Call
Wednesday, August 26, 2026
9:00 a.m.

0.0 Call to Order

Chair Olson called the meeting to order at 9:06 a.m.

0.1 The Advisory Council members, staff members, and guests introduced themselves. Also present were: Stacia Timmer, CEO; Sandra Jackson, COO; and Amy Simpson, Executive Assistant. Linda Vaudt, Board Liaison to the Advisory Council, was present. A quorum was present with 15 members in attendance.

Jotham Arber Audubon	Ph	Vacant Franklin		Sue Krogman Osceola	Ph
Lisa Funk Buena Vista	A	Penny Tiffany Greene	Ph	Vacant Palo Alto	
Carl Legore Calhoun	A	Vacant Guthrie		Vacant Pocahontas	
Vacant Carroll		Catheryn Dingman Hamilton	Ph	Vacant Sac	
Lionel Foster Cerro Gordo	Ph	Sharon Enabnit Hancock	Ph	Deb Kratochvil Sioux	Ph
Melissa Loehr Clay	Ex	Jan Olson Humboldt	A	Vacant Webster	Ph
Morgan Saunders Crawford	A	Dan Peterson Kossuth	Ph	Paul Fitzgerald Winnebago	Ph
Pat Burke Dickinson	Ph	Vacant Lyon		Sandra Olson Worth	Ph
Jessica Carlson Emmet	Ph	Deb Scharper Mitchell	Ph	Tracy Crees Wright	A
Vacant Floyd		Jared Johnson O'Brien	A	Linda Vaudt Board Rep	Ph
Vacant At-large		Eric Erickson At-Large	A	Dan Skelton At-Large	Ph

0.2 Items to be added to/deleted from the Agenda by Council Members and Staff

No new items were added to the agenda.

0.3 Adopt Agenda

It was moved by Dan Skelton and seconded by Jessica Carlson to adopt the August 26, 2026, meeting agenda. Motion carried.

1.0 Council Affairs

1.1 Approval of the May 27, 2026, Advisory Council Meeting Minutes

It was moved by Lionel Foster and seconded by Paul Fitzgerald that the May 27, 2026, meeting minutes be approved. Motion carried.

1.2 Seating of new Ad. Council members: Pat Burke, Dickinson County, Catheryn Dingman, Webster County, and Sharon Enabnit, Floyd County

Pat Burke from Dickinson County has experience as a social worker with low-income families and believes Elderbridge is an important resource for the community. Catheryn Dingman is a retired special education teacher with community experience. Sharon Enabnit is a retired nurse with a variety of community experience that includes Floyd County mobile food pantry, hospice, and the Rockford City Council.

Chair Olson asked for a motion to seat the new members. It was moved by Lionel Foster and seconded by Sandy Olson to seat Pat Burke from Dickinson County, Catheryn Dingman from Hamilton County, and Sharon Enabnit from Floyd County. (Motion Carried.)

1.3 Vacant Counties: Carroll, Franklin, Guthrie, Hancock, Lyon, Palo Alton, Pocahontas, Sac, and Webster.

Efforts are ongoing to fill the vacant counties. CEO Timmer stated she is working on Lyon and Palo Alto counties. She is hoping to receive applications.

1.4 Election of Officers

1.4.1 Election of Chair, Vice Chair, and Secretary

After a brief discussion, Sandy Olson volunteered to serve as Chair for another year.

It was moved by Dan Skelton and seconded by Jessica Carlson to approve Sandy Olson for Chair for FY 26/27. Motion Carried.

Deb Scharper had to leave the meeting and will be contacted concerning the Vice Chair position. She will be approved for that position pending CEO Timmer contacting her for confirmation.

Catheryn Dingman volunteered to serve as Secretary for FY 26.27.

It was moved by Jessica Carlson and seconded by Deb Kratochvil to approve Deb Scharper as Vice Chair and Catheryn Dingman as Secretary. Motion Carried

1.4.2 Appointment of Ad. Council Liaison to the Board

Lionel Foster volunteered to serve as the Liaison to the Board for another year.

It was moved by Sharon Enabnit and seconded by Penny Tiffany to approve Lionel Foster as the Liaison to the Board. Motion Carried.

1.5 Fundraising Committee Report

CEO Timmer reported the following:

- $25,791 was raised at the 2026 Slam Dunk Against Hunger fundraiser.
- The Slam Dunk fundraiser is scheduled for March 7-14, 2027. The goal is to raise $25,000.
- Micro fundraisers will be scheduled at Culver's in Mason City and Carroll. Randy's Neighborhood Grocery in Clear Lake will have a round-up campaign in September.
- Grant writer, Tammie McCready, continues to work hard on grants for the agency for Direct Client Assistance and shelf-stable meals.

1.6 Older Iowans Legislature – Annual Meeting in September

CEO Timmer reported that the Older Iowan Legislature (OIL) meets every September at the Capitol in Des Moines. Ad. Council members are encouraged to attend the Zoom meeting to learn about what the group advocates for for the next legislative session. Lionel Foster strongly encouraged members to attend if possible.

1.7 LifeLong Links Report

COO Jackson reported

- The Farmer's Market Program is winding down, and all the vouchers have been distributed. If seniors come inquiring about the vouchers, they are put on a list to get them for next year when the program starts.
- Evidence-based programs are gearing up. Healthy Steps for Older Adults, Matter of Balance, and Tai Chi have been scheduled in communities.
- The BEC grant is going well. Staff are busy assisting seniors with applications for Medicare, Medicaid, the Medicare Savings Program, and SNAP. 204 applications have been completed for the core benefits.
- Caregiver support programs are continuing.
- Community events are attended, such as SALT and National Night Out.
- Iowa Return to Community program continues to be an important program to provide support services for seniors after they leave the hospital, skilled nursing facility, or nursing home.

2.0 **<u>Board Liaison Report</u>**

Board member Linda Vaudt reported the following:

- FY24 Audit report has been completed, and the FY25 audit is almost complete.
- The realignment was discussed.
- Members were encouraged to attend the OIL meeting.
- If members know of any businesses to be approached for the Slam Dunk fundraiser, please notify staff.

3.0 **<u>Agency Reports</u>**

3.1 COO Report – Sandi Jackson

- Nothing new to add from the LifeLong Links report.

3.2 CEO Report – Stacia Timmer

- There will be a new member training session for Ad. Council members. Current members can also attend the refresher. Ad. Council members will be notified when that is scheduled.
- The state wants to redistrict the AAAs to 7 districts to align with the Behavioral Health Districts. Elderbridge would go from 29 counties to 14. AAAs are concerned that it is not fiscally responsible and that aging services will be impacted in a negative way.
- The cost of the realignment is a factor, with no additional money provided by the state to do so, and the funds will come from consumer services.
- The state of Iowa has requested a lot of information from the AAAs. Directors have begun gathering and providing that information.
- Board of Supervisors visits will be starting soon. Ad. Council members will be notified of the meetings taking place in their counties and are encouraged to attend.

4.0 Community Relations

4.1 County Updates – Feedback from Council Members

- Worth County – Two food pantries are being used due to the high price of food.
- Dickinson County – Senior Fair at the local senior center in Spirit Lake. Seminars were available concerning estate planning, funeral planning, and chair yoga. Elderbridge was presented, and attendance was good.

5.0 Coming Dates

5.1 Next Advisory Council Meeting – October 28, 2026, 9:00 a.m., via Zoom

5.2 Next Board Meeting – September 8, 2026, at 10:00 a.m. via Zoom

5.3 Office Closure: September 7, Labor Day

5.4 Caregiver Support Group – Virtual or in-person meeting, the fourth Tuesday of the month at 9:30 a.m. via Zoom, Mason City area

5.5 Webster County Caregiver Support Group – 3rd Wednesday of the month from 3:00 to 4:00 p.m. First Baptist Church, Fort Dodge

5.6 Frontotemporal Dementia (FTD) Support Group – 2nd Thursday of the month, contact Deb Scharper at dscharper@theaftd.org, Iowa link: https://www.theaftd.org/iowa/

5.7 Older Iowans Legislature Annual Meeting – September 28, 2026, Iowa State Capitol or online

6.0 Adjournment

6.1 Adjournment

There being no further business before the Advisory Council, it was moved by Dan Skelton and seconded by Catheryn Dingman that the meeting be adjourned at 10:13 a.m. Motion carried.