

## FEBRUARY 2026 MENU

Milk and whole wheat bread are to be offered daily in addition to the written menu. Dessert of chef's choice can be added 2 times a week.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>
Greek Marinated Chicken Brown Rice Whole Wheat Bread Vegetable Fruit	Meatloaf Mashed Potatoes w/Gravy Whole Wheat Bread Vegetable Fruit	Baked Chicken Parmesan w/Noodles Lettuce/Spinach Salad Frozen Fruit Cup	Ham & Bean Soup Cornbread Vegetable Fruit	Baked Fish Roasted Red Potatoes Whole Wheat Roll Vegetable Fruit
<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>
Vegetable Beef Stew Whole Wheat Roll Romaine Salad Fruit	Ground Beef Stroganoff over Egg Noodles Vegetable Whole Wheat Bread Fruit	Pulled Pork Sandwich on WW Bun Coleslaw Cinnamon Apples with Crunchy Topping	Chicken & Dumplings Whole Wheat Bread Vegetable Fruit	*Grilled Cheese Sandwich *Tomato Soup Whole Wheat Crackers Vegetable Fruit
<b>16</b> <b>President's Day</b>	<b>17</b>	<b>18</b> <b>Ash Wednesday</b>	<b>19</b>	<b>20</b>
BBQ Baked Chicken Potato Wedges Whole Wheat Bread Vegetable Fruit	Sloppy Joe on WW Bun Vegetable Fruit	<b>Chef's Choice</b>	Brown Sugar Glazed Pork Mashed Potatoes w/Gravy Whole Wheat Roll Vegetable Fruit	Tuna Melt Tator Tots Vegetable Fruit
<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>
Shepherd's Pie w/ Mashed Potato Topping Whole Wheat Bread Vegetable Fruit	Roast Turkey Mashed Potatoes w/Gravy Whole Wheat Bread Vegetable Fruit	Chili Whole Wheat Crackers Vegetable Fruit Cinnamon Roll	Scalloped Potatoes w/Ham Whole Wheat Bread Vegetable Frozen Fruit Cup	<b>Chef's Choice</b>

Sleepy little groundhog, we have long been told, you will leave your cozy den to come out in the cold. If you see your shadow, wintertime will stay. If the sky is cloudy, though, then spring is on the way!

Kathleen M Hollenbeck



*Jody Appleby, RN, LD*