

ELDERBRIDGE BOARD OF DIRECTORS

Elderbridge Agency on Aging

Meeting Minutes

Zoom Conference Call

October 14, 2025, 10:00 a.m.

0.0 Call to Order

The meeting was called to order by President Will at 10:02 a.m.

0.1 Introduction of Board members, staff, and visitors.

President Will called for introductions of visitors and staff. Staff members: Stacia Timmer, CEO; Sandra Jackson, COO; Jodi Presswood, CFO; Jacob Beaver, HR Director; and Amy Simpson, Executive Assistant, were present. Lionel Foster, Liaison to the Advisory Council, was present.

0.2 Roll Call

Jill Hawkinson	Ex	Casee Ross	Ex
Amanda Kaufman	Ph	Lisa Rockhill	Ph
Ethan Huizenga	Ph	Crystal Meier	Ph
Gary Caviness	Ph	Beth Will	Ph
Linda Vaudt	Ph		

0.3 Items added to the Board Agenda by Board Members and Agency Staff

No new items were added to the agenda.

0.4 Adopt Agenda

President Will called for a motion to adopt the October 14, 2025, Board agenda as presented. It was moved by Lisa Rockhill and seconded by Linda Vaudt that the agenda be adopted.

Aye: all (the motion was declared carried.)

1.0 Board Affairs

1.1 Approval of September 9, 2025, Board meeting minutes

President Will called for a motion to approve the September 9, 2025, meeting minutes. It was moved by Lisa Rockhill and seconded by Amanda Kaufman that the September 9, 2025, meeting minutes be approved.

Aye: all (the motion was declared carried.)

1.2 Fundraising Committee Report

President Will reported on the following:

- The Fundraising Committee met on October 1, 2025
- The Slam Dunk Against Hunger fundraiser is scheduled for March 22-29, 2026. Laura Allen reported on the most recent auctions to be acquired. Sue Anne Stoermer is also busy getting donations and auction items.
- Micro-fundraisers – the Culver’s fundraiser in Mason City raised \$425.00. There will be a Culver’s fundraiser in Carroll on October 28. Randy’s Grocery in Clear Lake will be doing roundup campaigns in October and December.

- Zeffy Fundraising Platform – Committee member Amanda Kaufman reported that Zeffy is for non-profits to do online fundraising with no fees attached. Staff will continue to research Zeffy for future events.
- Calendar fundraiser – the calendar fundraiser will be regularly posted on the Elderbridge website and social media.

It was moved by Amanda Kaufman and seconded by Linda Vaudt to approve the Fundraising Committee report.

Aye: all (the motion was declared carried.)

1.3 Older Iowans Legislature Annual Meeting Report

CEO Timmer and Lionel Foster reported the following:

- 44 people attended the annual meeting on September 29, 2025
- Advisory Council member Lionel Foster gave the invocation at the meeting.
- Tough year with the outgoing governor. AAAs need to get more involved with OIL
- Former HHS Director Garcia indicated no new legislation will be introduced to legislators.

1.4 Joint Planning Committee Appointments

1.4.1 Approve meeting dates in November

CEO Timmer reported that the Joint Planning Committee meets once a year in November via Zoom. The agency priorities are discussed for direct and indirect services. The ranking of priorities helps staff write the Area Plan. The meeting should be an hour long. After a brief discussion, it was decided that November 18 at 9:00 a.m. An invite will be sent out to the Board and Advisory Council.

1.5 Review and Approve Annual Report

CEO Timmer reported on the Annual Report that was included in the Board Packet. A general overview of the report was given to the Board members. After a brief discussion, it was moved by Lisa Rockhill and seconded by Amanda Kaufman to approve the Annual Report as presented.

Aye: all (the motion was declared carried.)

1.6 Board of Supervisors Visits

CEO Timmer reported that once the Annual Reports are printed and the county reports are finalized, scheduling of county Board of Supervisors visits will start to be scheduled at the end of October. Once the scheduling is complete, Board members will be emailed a schedule of the county visits. The Advisory Council will also be made aware of the scheduled visits.

1.7 Discussion and approval to change the November Board meeting date

CEO Timmer stated that the November Board meeting date falls on November 11, which is Veterans Day, and the offices will be closed. After a brief discussion, the date of November 18 at 10:00 a.m. via Zoom was suggested and agreed to by the Board.

It was moved by Linda Vaudt and seconded by Lisa Rockhill to move the November Board meeting to Tuesday, November 18, at 10:00 a.m.

Aye: all (the motion was declared carried.)

2.0 Advisory Council Report

CEO Timmer reported on the following:

- The Advisory Council met for its annual meeting on August 27, 2025.
- New officers were elected at the meeting. Sandy Olson, Chair, Deb Scharper, Vice Chair, and Dan Skelton, Secretary.
- Lionel Foster is the new liaison to the Board.
- The fundraising activities were discussed – Slam Dunk Against Hunger.
- The upcoming OIL meeting was discussed along with the LifeLong Links report.
- The Advisory Council's next meeting is on October 22, 2025.

3.0 Finance Report – Jodi Presswood, CFO

3.1 Finance Report

- Auditors are still working on the audit. No timeline yet.
- County reports will be ready soon, so the scheduling of county Board of Supervisors visits can begin by the end of October.
- The Wells Fargo account is still open. Have one item remaining to clear up before closure. Agency credit cards are still through Wells Fargo Bank.
- The new drawdown process for funding is still being worked on by the state and will be implemented in 2026.
- The IAFRS report is coming up for quarter 1.
- Elderbridge is in a good position and has cash on hand.

It was moved by Lisa Rockhill and seconded by Ethan Huizenga to approve the financial report as presented.

Aye: all (the motion was declared carried.)

4.0 Agency Program Reports

4.1 Volunteer Program Report – Laura Allen

- Currently have 58 direct client volunteers.
- Volunteers do telephone reassurance, in-person companion, food bank delivery, medical transportation, errand buddy, home-delivered meals, office work when needed, indoor and outdoor CHORE, and send Happy Mail to seniors.
- Two grants are currently being spent down: Community Care Corps and Blackhills Energy.
- Culver's - event in Mason City went well on October 2. Volunteers had a good time at the event. Elderbridge can do a Culver's fundraiser 3 times a year.
- Santa for Seniors will be taking place in December. 78 seniors in Spencer have been adopted.

4.2 COO Report – Sandra Jackson

- The LifeLong Links staff are seeing increasing numbers in the case management program. The barriers staff are facing are longer wait times to get seniors connected.

- The Iowa Return to Community is still seeing steady/increasing numbers.
- The Caregiver Conference is on November 6, 2025, in Carroll. There will be two presenters who will be speaking about dementia.
- Healthy Aging – Jody Applegate is working on the prioritization of meal lists for each meal site to better identify participants who can and cannot pay for the congregate meal.
- Focus now is on the Disability Access Points (DAP). CICS staff are located in three of the Elderbridge offices.

4.3 CEO Report – Stacia Timmer

- The meal site priority lists will start to be implemented this month due to the cuts in funding.
- ADS has new policies and regulations for services for meals and other services. Elderbridge is only doing prioritization for congregate and home-delivered meals. No other services are weightlisted at this time. The nutrition intake form tabulates a score for each participant to determine the priority level.
- Government shutdown – right now, the government shutdown is not affecting Elderbridge directly. If the shutdown continues through November, then budgets and funding will have to be reevaluated. No specifics from the state or federal government yet.
- Attended i4a meeting in Des Moines. Director Linda Hildreth will be retiring, and a new director will need to be hired.
- Medical insurance – staff insurance will increase by 9.8%. A POS plan will still be offered, but it has limitations for coverage for out-of-network service. A PPO plan is nationwide, will also be available with the employee making up the difference in premiums.
- Case management and option counseling are increasing. The needs of individuals are complex and can be challenging, and staff have to be creative to meet clients' needs.

5.0 Community Relations

- 5.1** County Updates – Feedback from Board Members and the General Public.
No updates were reported.

6.0 Coming Dates

- 6.1** Next Board Meeting – November 18, 2025, 10:00 a.m. via Zoom
- 6.2** Upcoming office closures: November 11, Veterans Day, November 27,28, Thanksgiving
- 6.3** Caregiver Support Group – Virtual or in-person meeting, the fourth Tuesday of the month at 9:30 a.m. by Zoom, Mason City area
- 6.4** Webster County Caregiver Support Group – 3rd Wednesday of the month from 3:00 to 4:00 p.m. First Baptist Church, Fort Dodge
- 6.5** Clay County Caregiver Support Group – 3rd Tuesday of the month from 10:00 to 11:00 a.m.by Zoom
- 6.6** Frontotemporal Dementia (FTD) Support Group – 2nd Thursday of the month, contact Deb Scharper at dscharper@theaftd.org, Iowa link: <https://www.theaftd.org/iowa/>
- 6.7** Caregiver Conference - November 6, 2025, Carroll, Iowa, Swan Lake East Shelter House
- 6.8** Advisory Council Meeting – February 25, 2026, 9:00 a.m. via Zoom
- 6.9** Annual Slam Dunk Against Hunger Fundraiser/Online Auction – March 22-29, 2026

7.0 Adjournment

7.1 Adjournment

There being no further business before the Board, it was moved by Lisa Rockhill and seconded by Ethan Huizenga that the meeting be adjourned at 11:16 a.m.

Aye: all (the motion was declared carried.)