

FEBRUARY 2025 MENU

Milk is to be offered every meal.

Dessert of chef's choice can be added 2 times a week.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3	4	5	6	7
Goulash Whole Wheat Bread Vegetable Fruit	Pork Meatballs in Creamy Mushroom Sauce over Egg Noodles Whole Wheat Roll Vegetable Fruit	Baked Honey Chicken Sweet Potato Fries Whole Wheat Roll Vegetable Fruit	Open Faced Hot Beef Sandwich Mashed Potatoes w/Gravy Vegetable Fruit	Turkey Sandwich Minestrone Soup Whole Wheat Crackers Lettuce/Romaine Salad Fruit
10	11	12	13	14 Valentine's Day
Ham Slice Roasted Sweet Potatoes Whole Wheat Bread Vegetable Fruit	Chicken & Mushrooms Roasted Red Potatoes Whole Wheat Bread Vegetable Fruit	Salmon Loaf Baked Potato Whole Wheat Bread Vegetable Fruit	Liver & Onions -OR- Hamburger Patty Boiled Red Potatoes w/Gravy Whole Wheat Bread Vegetable Fruit	Chef's Choice
17 President's Day	18	19	20	21
Hearty Veg Beef Soup Breadstick Lettuce/Spinach Salad Fruit	Cheeseburger on WW Bun Potato Salad Vegetable Fruit	Tator Tot Casserole Whole Wheat Bread Lettuce/Romaine Salad Fruit	Baked Chicken Macaroni and Cheese Whole Wheat Roll Vegetable Fruit	Swedish Meatballs over Egg Noodles or Mashed Potatoes Whole Wheat Roll Vegetable Fruit
24	25	26	27	28
Chef's Choice	Roast Beef Mashed Potatoes w/Gravy Whole Wheat Roll Vegetable Fruit	Baked Chicken Parmesan w/Noodles Lettuce/Spinach Salad Frozen Fruit Cup	Meatloaf Mashed Potatoes w/Gravy Whole Wheat Bread Vegetable Fruit	Ham & Bean Soup Cornbread Vegetable Fruit

Sleepy little groundhog, we have long been told, you will leave your cozy den to come out in the cold. If you see your shadow, wintertime will stay. If the sky is cloudy, though, then spring is on the way!

Kathleen M Hollenbeck



Jody Appleby, RMC, LD