



# JANUARY 2025 MENU

Milk is to be offered every meal.

Dessert of chef's choice can be added 2 times a week.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 <i>Jody Appleby, RND, LD</i>		1 <b>Happy New Year!</b>	2	3
		Baked Chicken Parmesan w/Noodles Lettuce/Spinach Salad Frozen Fruit Cup	Meatloaf Mashed Potatoes w/Gravy Whole Wheat Bread Vegetable Fruit	Ham & Bean Soup Cornbread Vegetable Fruit
6	7	8	9	10
Baked Fish Roasted Red Potatoes Whole Wheat Roll Vegetable Fruit	Meat Sandwich Potato Soup Whole Wheat Crackers Vegetable Fruit	BBQ Pulled Pork Sandwich on WW Bun Coleslaw Cinnamon Apples with Crunchy Topping	Chicken & Dumplings Whole Wheat Bread Vegetable Fruit	Vegetable Beef Stew Whole Wheat Roll Romaine Salad Fruit
13	14	15	16	17
BBQ Baked Chicken Potato Wedges Whole Wheat Bread Vegetable Fruit	Sloppy Joe on WW Bun Vegetable Fruit	Taco Casserole Mexican Rice Black or Refried Beans Fruit	<b>Chef's Choice</b>	Tuna Melt Tator Tots Vegetable Fruit
20 <b>MLK Jr. Day</b>	21	22	23	24
Scalloped Potatoes w/Ham Whole Wheat Bread Vegetable Frozen Fruit Cup	Chili Whole Wheat Crackers Vegetable Fruit Cinnamon Roll	Roast Turkey Mashed Potatoes w/Gravy Whole Wheat Bread Vegetable Fruit	Shepherd's Pie w/ Mashed Potato Topping Whole Wheat Bread Vegetable Fruit	Roast Pork w/Carrots and Potatoes Whole Wheat Roll Fruit
27	28	29	30	31
Chicken and Rice Casserole Whole Wheat Bread Vegetable Fruit	Baked Fish Potato Wedges Whole Wheat Bread Vegetable Fruit	Salisbury Steak Mashed Potatoes w/ Mushroom Gravy Whole Wheat Roll Vegetable Fruit	Chicken Alfredo Penne Breadstick Lettuce or Spinach Salad Fruit	<b>Chef's Choice</b>