



DECEMBER 2024 MENU

Milk is to be offered every meal.

Dessert of chef's choice can be added 2 times a week.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5	6
Chicken and Rice Casserole Whole Wheat Bread Vegetable Fruit	Baked Fish Potato Wedges Whole Wheat Bread Vegetable Fruit	Salisbury Steak Mashed Potatoes w/ Mushroom Gravy Whole Wheat Roll Vegetable Fruit	Chicken Alfredo Penne Breadstick Lettuce or Spinach Salad Fruit	Ham Loaf Sweet Potatoes Whole Wheat Roll Vegetable Fruit
9	10	11	12	13
Goulash Whole Wheat Bread Vegetable Fruit	<h2 style="margin: 0;">Chef's Choice</h2>	Baked Honey Chicken Sweet Potato Fries Whole Wheat Roll Vegetable Fruit	Open Faced Hot Beef Sandwich Mashed Potatoes w/Gravy Vegetable Fruit	Turkey Sandwich Minestrone Soup Whole Wheat Crackers Lettuce/Romaine Salad Fruit
16	17	18	19	20
Ham Slice Roasted Sweet Potatoes Whole Wheat Bread Vegetable Fruit	Chicken & Mushrooms Roasted Red Potatoes Whole Wheat Bread Vegetable Fruit	Salmon Loaf Baked Potato Whole Wheat Bread Vegetable Fruit	Liver & Onions -OR- Hamburger Patty Boiled Red Potatoes w/Gravy Whole Wheat Bread Vegetable Fruit	Ground Beef Stroganoff over Egg Noodles Vegetable Whole Wheat Bread Fruit
23	24	25 Christmas/Hanukkah	26 Kwanzaa begins	27
Hearty Veg Beef Soup Breadstick Lettuce/Spinach Salad Fruit	Cheeseburger on WW Bun Potato Salad Vegetable Fruit	 Hanukkah begins at sundown	<h2 style="margin: 0;">Chef's Choice</h2>	Swedish Meatballs over Egg Noodles or Mashed Potatoes Whole Wheat Roll Vegetable Fruit
30	31 New Year's Eve			
Greek Marinated Chicken Brown Rice Whole Wheat Bread Vegetable Fruit	Roast Beef Mashed Potatoes w/Gravy Whole Wheat Roll Vegetable Fruit		 <i>Jody Appleby, RMC, LD</i>	