

# ELDERBRIDGE BOARD OF DIRECTORS

## Elderbridge Agency on Aging

### Meeting Minutes

Zoom Conference Call

October 8, 2024, 10:00 p.m.

#### 0.0 Call to Order

The meeting was called to order by President Huizenga at 10:01 a.m.

#### 0.1 Introduction of Board members, staff, and visitors.

President Huisenga called for introductions of visitors and staff. Staff members: Shelly Sindt, CEO; Stacia Timmer, COO, Jodi Presswood, CFO, Sandra Jackson, LifeLong Links Director, Jacob Beaver, HR Director, and Amy Simpson, Executive Assistant were present. Sandy Olson, Liaison to the Advisory Council, was not present.

#### 0.2 Roll Call

Jill Hawkinson	Ph	Larry Pedley	Ph
Amanda Kaufman	Ph	Steve Kruse	Ex
Ethan Huizenga	Ph	Barry Anderson	Ex
Gary Caviness	Ex	Lori Hain	Ph
Linda Vaudt	Ph	Beth Will	Ex

#### 0.3 Items added to the Board Agenda by Board Members and Agency Staff

No new items were added to the agenda.

#### 0.4 Adopt Agenda

President Huizenga called for a motion to adopt the October 8, 2024, Board agenda as presented. It was moved by Jill Hawkinson and seconded by Linda Vaudt that the agenda be adopted.

Aye: all (the motion was declared carried.)

#### 1.0 Board Affairs

##### 1.1 Approval of September 10, 2024, Board meeting minutes

President Huizenga called for a motion to approve the September 10, 2024, meeting minutes. It was moved by Lori Hain and seconded by Amanda Kaufman that the September 10, 2024, meeting minutes be approved.

Aye: all (the motion was declared carried.)

##### 1.2 Governance Committee Report

###### 1.2.1 Approval of Advisory Council application for Jotham Arber, Audubon County

Chair Pedley reported that the Governance Committee met before the Board meeting to discuss the application of Jotham Arber, Audubon County. CEO Sindt reported that she asked the Audubon Board of Supervisors for any recommendations for Audubon County. Jotham Arber is the director of Public

Health and was recommended by the Board of Supervisors. There are no vacancies on the Advisory Council. It was moved by Linda Vaudt and seconded by Jill Hawkinson to approve Jotham Arber to represent Audubon County on the Advisory Council.

Aye: all (the motion was declared carried.)

**1.3 Older Iowans Legislature Annual Meeting Report**

COO Timmer reported that she attended the OIL Annual meeting via Zoom on September 16, 2024. Four legislative priorities were set during the session and were emailed to the Board members. OIL Board member Lionel Foster attended the meeting in person and gave a presentation concerning the importance of the IRTC program and that it needs to be funded. He also spoke about the Iowa Lottery monies being used to fund services.

**1.4 Joint Planning Committee Appointments**

**1.4.1 Meeting Dates of November 6 or 7.**

CEO Sindt reported that she would like to have three participants from the Board on the Joint Planning Committee. Participants will prioritize direct and indirect services that directly influence the Area Plan. Linda Vaudt, Amanda Kaufman, and Lori Hain volunteered to participate on November 6, 2024, at 10:00 a.m.

It was moved by Lori Hain and seconded by Linda Vaudt to hold the Joint Planning Committee meeting on November 6 at 10:00 a.m. with Lori Hain, Linda Vaudt, and Amanda Kaufman attending the meeting.

Aye: all (the motion was declared carried.)

**1.5 Review and Approval of the Annual Report**

CEO Sindt stated that the Annual Report is in the meeting packet. It is in the same format as last year. All information including funding resources, funding uses, and units of service has been updated in the report. CFO Presswood explained in detail the pie charts and units of service table. President Huizenga will need to submit his message. It was moved by Lori Hain and seconded by Jill Hawkinson to approve the Annual Report that will include the updated President's message.

Aye: all (the motion was declared carried.)

**1.6 Board of Supervisors Visits**

CEO Sindt reported that the Board of Supervisors visits will begin shortly. Once the Annual Report and the County Reports have been printed and finalized, scheduling of the Board of Supervisors visits will begin. Board members and Advisory Council members will be notified of the Board of Supervisors visit schedule. A copy of last year's schedule was included in the meeting packet.

**2.0 Finance Report – Jodi Presswood, CFO**

**2.1 Finance Report**

CFO Presswood reported on the following:

- Assets are in good standing.

- Waiting for FY24 dollars that are still owed by ADS. Hope to have funds next week.
- Hope to have a draft of the audit by the November Board meeting.
- The Older Skilled Workers program ended on September 30, 2024, and Marsha Harmonson has retired.
- Working on archiving the accounting system for the years 2013-2022.
- Staff Accountant, Jennifer Rozell attended the GMS Conference in Charlotte, North Carolina.

It was moved by Linda Vaudt and seconded by Amanda Kaufman to approve the financial report.

Aye: all (the motion was declared carried.)

#### 2.1.1 County funding request

CEO Sindt reported that traditionally county funding request increases are in 5-cent increments for each year and that was approved by the Board several years ago. This year the request will be \$3.20 for the 60+ population. The Board approved keeping the increase at 5-cent increments.

## 4.0 Agency Program Reports

### 4.1 LifeLong Links Report – Sandra Jackson

- In the 3<sup>rd</sup> quarter of the Benefits Enrollment Center (BEC) grant that is targeted towards Medicare-eligible individuals. Staff held onsite options counseling at specified apartment complexes to educate the public on what Elderbridge can assist with.
- Caregiver Appreciations events have been scheduled with the next event in November in Fort Dodge.
- Interviews are ongoing for a Service Specialist in the Carroll office
- The Carroll office is moving to a new location that is centrally located by other government offices.
- Elderbridge is partnering with 17 HyVees to schedule vaccine events where staff will be present. BEC screenings can be done at the events.
- Elder Justice Initiative Grant – the grant ended at the end of August. Elderbridge has been asked to continue the grant. CEO Sindt and COO Timmer are working on a contract for \$125,000.

### 4.2 COO Report – Stacia Timmer

COO Timmer reported on the following:

- Disaster recovery/flood/IRTC grants – Clay County Foundation grant is \$20,000 for flood relief, Emmet County Foundation grant is \$10,000, Dickinson County, \$5,000 for IRTC, and a USAging grant is for \$10,000 for flood relief. Working with ADS on an Administration for Community Living (ACL) for a \$100,000 grant for 22 counties. The counties that will be targeted by those funds are O’Brien, Sioux, Buena Vista, and Lyon.
- Prairie Meadows – received \$20,000 for shelf-stable meals.

- Working on the four-year Area Plan. A short draft will be required in January 2025.

#### 4.3 CEO Report – Shelly Sindt

CEO Sindt reported on the following:

- Emergency meals – will be focusing on the counties that don't have disaster funding. Want to make sure that all the home-delivered recipients have meals through the winter. -Hope to have enough funding to provide shelf-stable meals for the congregate participants also.
- Hope to be providing food vouchers for those who lost all their food in the flood with the ACL grant.
- Santa for Seniors is underway and is quickly approaching.
- There has been no increase in state and federal funding for 10 years. In the past, a paper plate drive was used to advocate for more funding which was very effective. Would like to do a paper plate drive again.
- A new LifeLong Links Iowa 501 (c) (3) has been created. The new law in Iowa allows other entities to be ADRCs which were traditionally the AAAs. Joe Sample is the director of the new LLL Iowa. This will allow the AAAs to work more closely with behavioral health entities.

#### 5.0 Community Relations

- 5.1 County Updates – Feedback from Board Members and the General Public.  
No updates were reported.

#### 6.0 Coming Dates

- 6.1 Next Board Meeting – November 12, 2024, via Zoom
- 5.2 Caregiver Support Group – Virtual or in-person meeting, the fourth Tuesday of the month at 9:30 a.m. by Zoom, Mason City area
- 5.3 Webster County Caregiver Support Group – 3<sup>rd</sup> Wednesday of the month from, 3:00 to 4:00 p.m.,  
First Baptist Church, Fort Dodge
- 5.4 Clay County Caregiver Support Group – virtual, 3<sup>rd</sup> Tuesday of the month from 10:00 to 11:00 a.m. by Zoom
- 5.5 Frontotemporal Dementia (FTD) Support Group – 2<sup>nd</sup> Thursday of the month, contact Deb Scharper at [dscharper@theaftd.org](mailto:dscharper@theaftd.org), Iowa link: <https://www.theaftd.org/iowa/>
- 5.6 Next Advisory Council Meeting – October 23, 2024, 9:00 a.m. via Zoom.
- 5.7 50<sup>th</sup> Anniversary Celebration – November 1, 2024 – Elderbridge Carroll Office, 8:00 to 10:00 a.m.

#### 7.0 Adjournment

- 7.1 Adjournment

There being no further business before the Board, it was moved by Amanda Kaufman and seconded by Jill Hawkinson that the meeting be adjourned at 11:13 a.m.

Aye: all (the motion was declared carried.)