



**ELDERBRIDGE AGENCY ON AGING
 ADVISORY COUNCIL MEETING MINUTES
 Zoom Conference Call
 Wednesday, May 29 2024
 9:00 a.m.**

0.0 Call to Order

Vice Chair Lisa Rockhill called the meeting to order at 9:04 a.m.

0.1 The Advisory Council members, staff members, and guests introduced themselves. Also present were: Shelly Sindt, CEO, Stacia Timmer, COO, Amy Simpson, Executive Assistant, Jody Applegate, Healthy Aging Director, and guest Sue Krogman. Amanda Kaufman, Liaison to the Advisory Council was Absent. A quorum was present with 17 members in attendance.

Vacant Audubon		Deb Sabin Franklin	Ph	Vacant Osceola	
Lisa Funk Buena Vista	A	Penny Tiffany Greene	A	Diana Elbert Palo Alto	Ph
Carl Legore Calhoun	A	Linda Clark Guthrie	A	Linda Saathoff Pocahontas	Ph
Michelle Klocke Carroll	Ph	Becky Koppen Hamilton	Ph	Carol Auen Sac	A
Lionel Foster Cerro Gordo	Ex	Amy Callahan Hancock	Ph	Deb Kratochvil Sioux	A
Randy Van Dyke Clay	Ph	Jan Olson Humboldt	Ph	Vacant Webster	
Linda Clark Crawford	Ph	Dan Peterson Kossuth	Ph	Vacant Winnebago	
Carol DeSchepper Dickinson	Ph	Lisa Rockhill Lyon	Ph	Sandra Olson Worth	Ph
Jessica Carlson Emmet	Ph	Deb Scharper Mitchell	Ph	Tracy Crees Wright	A
Pat Gansen Floyd	Ph	Vacant O'Brien		Amanda Kaufman Board Rep	A
Vacant At-large		Eric Erickson At-Large	A	Dan Skelton At-Large	Ph

0.2 Items to be added to/deleted from the Agenda by Council Members and Staff
No new items were added to the agenda.

0.3 Adopt Agenda

It was moved by Sandy Olson and seconded by Jessica Carlson to adopt the May 29, 2024, meeting agenda. Motion carried.

1.0 Council Affairs

1.1 Approval of the February 28, 2023, Advisory Council Meeting Minutes

It was moved by Dan Skelton and seconded by Carol DeSchepper that the February 28, 2023, meeting minutes be approved. Motion carried.

1.2 Approval of Advisory Council applications for terms starting July 1: Eric Erickson, at-large, 1st term, Lisa Rockhill, Lyon, 2nd Term, Penny Tiffany, Greene, 1st Term, Dan Skelton, at-large, 2nd Term, Deb Scharper, Mitchell, 1st Term, Morgan Saunders, Crawford (New), Unexp. Term, Deb Sabin, Franklin, 2nd term, Carl Legore, Calhoun, 1st term

seating of at-large member Carl Legore to Calhoun County and Linda Clark, Guthrie County Vice Chair Rockhill called for approval of the applications as presented. Council member Sandy Olson asked for clarification concerning Deb Scharper. Deb Scharper represents Mitchell County, not Floyd County. Vice Chair Rockell called for a motion to approve the applicants with the correction to Deb Scharper's county as Mitchell.

It was moved by Dan Peterson and seconded by Deb Sabin to approve the presented applications with the correction for renewal. Motion carried.

Morgan Saunders from Crawford County introduced herself to the Advisory Council She is a social worker at a nursing home in Denison, Iowa. Elderbridge's Emily Winker recruited her.

1.3 Current vacant Advisory Council Counties – Audubon, Dickinson (July 1), Hamilton (July 1), O'Brien (July 1), Osceola, Webster, Winnebago

CEO Sindt reported that she hopes to have a candidate for Dickinson County for the August meeting. COO Timmer may also have a candidate for Winnebago County.

1.4 Fundraising Committee Report

CEO Sindt reported on the following:

- The Slam Dunk fundraiser that took place in late February, and early March was successful and \$28,000 was raised through donations and silent auction items. 2,800 meals will be purchased and donors and sponsors will be notified.
- The next fundraiser is being discussed and a garage sale type fundraiser is being proposed for Mason City.
- There was an Applebee's fundraiser on May 14 in Mason City that raised between \$300 and \$500. Applebees will be changing its fundraising program in 2025.
- Tammie McCready, Elderbridge's grant writer was successful in writing grants for the nutrition program for a total of \$105,000.
- Dan Skelton commented that he thought that the Slam Dunk fundraiser went well.
- Council member Sandy Olson suggested Godfather's Pizza as a micro fundraiser

It was moved by Deb Scharper and seconded by Diana Elbert to approve the Fundraising Committee report as presented. Motion carried.

1.5 Area Plan Update

COO Timmer reported that the Area Plan Update was submitted on April 1. The update was approved by Health and Human Services Aging and Disability Services. Work has started on the new four-year Area plan. The Advisory Council will be involved with the community needs assessment that is required for the four-year plan. CEO Sindt stated that the Advisory Council members are also asked to participate in the Joint Planning Committee meeting every November. Committee members are involved in ranking service priorities which is important in formulating the four-year Area Plan.

1.6 Volunteers for Nominations Committee for officers for next fiscal year

CEO Sindt stated that volunteers are needed to serve on a committee to identify the officers for the next fiscal year. If council members wanted to volunteer to serve as an officer during the Advisory Council meeting, they may do so. Deb Scharper volunteered to be Chair, Sandy Olson, Vice Chair, and Dan Skelton as Secretary. The slate of officers will be presented at the August meeting. Nominations from the floor will be called for during the Annual meeting.

1.7 LifeLong Links Program Report

COO Timmer reported on the following:

- LifeLong Links is a core program at Elderbridge
- Case management is mandated under the Older Americans Act and is a long-term coordination of services and there is no timeline.
- Options Counseling is care coordination in the short term, 90 days.
- Elderly waiver clients are the responsibility of the Managed Care Companies. However, Elderbridge staff can assist clients with the elderly waiver application.

2.0 Board Liaison Report

- No report was given.

3.0 Agency Reports

3.1 Healthy Aging Program Report – Jody Applegate

- The budget is tight for the nutrition program. Looking at numbers for FY25. It is a two-step process. Meal sites will receive the budgets first and the contract will follow.
- On June 1 the Farmer's Market program will start. Vouchers will be issued to seniors who qualify for the program. Meal sites should receive them in the following week. It will be \$50.00 this year.
- The Sibley meal site is serving three days a week temporarily due to illness. The site will be going back to 5 days a week.
- Fresh Conversations is offered at several meal sites. Brenda Semprini is the lead person for that program. Words on Wellness is done by Iowa State Extension. In-person sessions are done by Ashton Schimmer and Gina Cole.
- The Kinney Lindstrom grant Elderbridge received was used to purchase reusable placemats for the meal sites.

3.2 COO Report – Stacia Timmer

- On July 1 new Home and Community-Based Service (HCBS) contracts will go into effect as well as the nutrition contracts.
- Caregiver Appreciation Events are ongoing and the most recent was at Denison in Crawford County. The events are designed to pamper caregivers and feedback has been positive.
- There will be a Caregiver Conference on June 12, 2024, at the Surf Ballroom in Clear Lake. The event is free to caregivers. Call Elderbridge for conference information and registration.

3.3 CEO Report – Shelly Sindt

- May is Older Americans Month and is celebrated every year. The focus this year has been on connecting older adults. Elderbridge has done several proclamations at meal sites with local mayors in attendance.
- Elderbridge is celebrating 50 years and there will be events at each office. The Spencer office had their celebration in May. The next celebration is on June 13 at the Mason City office. The Fort Dodge office will celebrate on October 8, and the Carroll office will celebrate on November 1.
- CEO Sindt will be retiring in June of 2025. The Board has also been informed. The Advisory Council offered their congratulations.

4.0 Community Relations

4.1 County Updates – Feedback from Council Members

- Worth County – Sandy Olson reported that they are trying to promote attendance at the meal site. Have a new site manager and the meal site is operating smoothly.
- Franklin County - Deb Sabin thanked Laura Allen for presenting to the Hampton Senior Center Board. She also enjoyed the Volunteer Appreciation luncheon.
- Clay County – Dan Skelton stated he enjoyed the Volunteer Appreciation luncheon and that it was well organized.

5.0 Coming Dates

- 5.1** Next Advisory Council Meeting (Annual) – August 28, 2023, 9:00 a.m., via Zoom
- 5.2** Next Board Meeting – June 11, 2023, at 10:00 a.m. via Zoom
- 5.3** Older Americans Month – May “Aging Unbound”
- 5.4** Caregiver Support Group – Virtual or in-person meeting, the fourth Tuesday of the month at 9:30 a.m. by Zoom, Mason City area
- 5.3** Webster County Caregiver Support Group – 3rd Wednesday of the month from, 3:00 to 4:00 p.m., First Baptist Church, Fort Dodge
- 5.4** Clay County Caregiver Support Group – virtual, 3rd Tuesday of the month from 10:00 to 11:00 a.m. by Zoom
- 5.5** Frontotemporal Dementia (FTD) Support Group – 2nd Thursday of the month, contact Deb Scharper at dscharper@theaftd.org, Iowa link: <https://www.theaftd.org/iowa/>
- 5.6** Elderbridge 50th Anniversary Celebration – June 13, 2024, 8:00 to 10:00 a.m., Mason City Elderbridge office
- 5.7** Advisory Council Meeting (Annual) – August 28, 2024, 9:00 a.m. via Zoom

6.0 Adjournment

6.1 Adjournment

There being no further business before the Advisory Council it was moved by Dan Peterson and seconded by Randy Van Dyke that the meeting be adjourned at 10:50 a.m. Motion carried.