



JULY 2024 MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2	3	4 Independence Day	5
Tator Tot Casserole Green beans Angel Food Cake w/ Strawberries	Chicken Alfredo Penne Breadstick Lettuce or Spinach Salad	Baked Fish Potato Wedges Vegetable of Choice	Cook's Choice	Sheet Pan Chicken and Roasted Vegetables Dinner Roll Pudding
8	9	10	11	12
Salisbury Steak w/gravy Egg Noodles Green Beans	Tuna Melt Sandwich Potato Salad Peas Pudding	Swedish Meatballs Mashed Potatoes w/Gravy Cucumber/Tomato Salad Frozen Fruit Cup	Chicken Pot Pie Cottage Cheese Breadstick	Pork Roast Mashed Potatoes Carrots Berry Fluff Jell-O Salad
15	16	17	18	19
Chicken, Orange and Almond Salad Breadstick Corn Fruit crisp	Shepherd's Pie w/ Biscuit topping Broccoli Raisin Salad	Sloppy Joe Tator Tots 3 Bean Salad	Brown Sugar Glazed Pork Mashed Potatoes w/Gravy Carrots Cookie	Chicken Chow Mein over Rice Mixed Vegetables
22	23	24	25	26
Meat & Cheese Sandwich Potato Soup Whole wheat crackers Green Beans Cookie	Cook's Choice	Spaghetti Whole Wheat Roll Corn Baked Apples	Open Faced Hot Beef on WW Bread w/Mashed Potatoes & Gravy Carrots	Chicken Broccoli Pasta Casserole Bread Stick Frozen Fruit Cup
29	30	31	  <p style="text-align: right; margin-top: 10px;"><i>Jody Appleby, RN, LD</i></p>	
Roast Turkey Mashed Potatoes w/Gravy Whole Wheat Roll Green Beans	Cheeseburger Potato Wedges Carrots	Ham Loaf Roasted Sweet Potatoes Lettuce/Spinach Salad Pudding		

Milk, Fruit or Fruit Juice (except when part of dessert) and whole wheat bread are offered daily.

Vegetables such as broccoli, cauliflower and carrots can be served raw or cooked.

Fruit on the menu is a fruit serving, not a dessert. Dessert is not served every day.