

ELDERBRIDGE BOARD OF DIRECTORS

Elderbridge Agency on Aging

Meeting Minutes

Conference Call

May 10, 2022, 10:00 a.m.

0.0 Call to Order

The meeting was called to order by President Will at 10:03 a.m.

0.1 Introduction of Board members, staff, and visitors.

President Will called for introductions of visitors and staff. Staff members: Shelly Sindt, CEO, Stacia Timmer, COO, Jodi Presswood, CFO, Carissa Nelson, Service Specialist, and Amy Simpson, Executive Assistant were present. Sandra Olson, Liaison to the Board, was present.

0.2 Roll Call

Jill Hawkinson	Ph	Larry Pedley	Ph
Beth Will	Ph	Steve Kruse	Ph
Ethan Huizenga	Ph	Barry Anderson	Ex
Lionel J. Foster	Ph	Lori Hain	Ph
Linda Vaudt	Ph		

0.3 Items added to the Board Agenda by Board Members and Agency Staff

Added under Board Affairs, Item 1.5 Discussion of Medicaid Meal Reimbursement Contracts. It was moved by Steve Kruse and seconded by Jill Hawkinson to add item 1.5 to the Board agenda.

Aye: all (the motion was declared carried.)

0.4 Adopt Agenda

President Will called for a motion to adopt the May 10, 2022, Board agenda with the addition of Item 1.5 under Board Affairs. It was moved by Steve Kruse and seconded by Lori Hain that the agenda be adopted.

Aye: all (the motion was declared carried.)

1.0 Board Affairs

1.1 Approval of April 12, 2022, Board meeting minutes

President Will called for a motion to approve the April 12, 2022 meeting minutes. It was moved by Lionel Foster and seconded by Larry Pedley that the April 12, 2022, meeting minutes be approved.

Aye: all (the motion was declared carried.)

1.2 Governance Committee Report

1.2.1 Approval of Board Member renewals, Lori Hain, Barry Anderson, Steve Kruse, and Larry Pedley

Beth Will called for a motion to accept the renewal applications for the Board members. It was moved by Lionel Foster and seconded by Linda Vaught to approve Lori Hain, Barry Anderson, Steve Kruse, and Larry Pedley for term renewals.

Aye: all (the motion was declared carried.)

- 1.2.2** Approval of Advisory Council applications and renewals, Lisa Funk, Buena Vista County; Amanda Kaufman, Cerro Gordo County; Randy Van Dyke, Clay County; Amy Callahan, Hancock County; Jan Olson, Humboldt County; Carol Auen, Sac County; Merry Landenberger, Sioux County; Tracy Crees, Wright County.

After a brief discussion, it was moved by Linda Vaught and seconded by Jill Hawkinson, to approve the Advisory Council members as presented.

Aye: all (the motion was declared carried.)

- 1.2.3** Discussion and recommendation for slate of Board Officers for fiscal year 2022-2023
President Will called for volunteers for the upcoming officer appointments. President Will, Vice President Foster, Treasurer Pedley, and Secretary Hain volunteered to serve another term. Elderbridge Board members were encouraged to volunteer for the officer positions. CEO Sindt stated that a review of the Board bylaws needs to be done concerning how many consecutive terms an officer can serve before the June meeting.

- 1.2.4** Current Advisory Council vacancies, Audubon, Greene, and Mitchell counties. Additional vacancies as of July 1, Crawford County and Osceola County
CEO Sindt reported that ongoing efforts are being made to fill the vacant counties.

1.3 Fundraising Committee Report

Chair Kruse reported that the Fundraising Committee met on April 6, 2022, and discussed the following:

- \$4,925 in sponsorships have been received. The goal is \$6,000.
- The website continues to be modified and now includes buttons for sponsors.
- Lionel Foster has been making sponsorship contacts in the Mason City area and they were referred to Sue Anne Stoermer.
- Emily Winker has been working on the program for the event. A draft was shown to the Committee. There will be a QR code on the program.
- Staff will start to target marketing to a 58-mile radius around Carroll.
- Radio spots will be done.
- News outlets, social media, and in-person contacts will be made.
- Thank you's will go out to sponsors and participants.
- A caregiver event is scheduled for May 19 and information will be given out about the fundraiser.
- Amber Snyder will provide the meal sites with information about the fundraiser.
- The RSVP program will be sent flyers.

- The event tickets are complete and the paper is ordered. They will be available in the Carroll Elderbridge office.
- Donors will be recognized on Elderbridge’s Website.
- The next Fundraising Committee meeting is June 6, 2022.

It was moved by Linda Vaudt and seconded by Larry Pedley to approve the Fundraising Committee report as presented.

Aye: all (The motion was declared carried.)

1.4 Annual Board Training/Annual Meeting – July 12, 2022

After a moderate discussion, it was decided that the Annual meeting will be in person at the Fort Dodge Elderbridge office. Due to several Board members being unavailable to attend the Annual Board training the meeting will be on October 11, 2022, immediately following the Board meeting.

1.5 Medicaid Waiver Meals Contract with the Managed Care Companies

CEO Sindt reported that Elderbridge provides Medicaid waiver meals through Iowa Total Care and Amerigroup. The MCOs will not allow Elderbridge to increase the meal costs above \$8.10 for reimbursement. The current cost per meal is \$9.10. Elderbridge is losing money on the waiver meals. Older American Act dollars cannot be used to subsidize Medicaid. Most of the AAAs have already terminated their contracts with the MCOs. There is a six-month notice that needs to be given to the MCOs to terminate the contract. The MCOs can purchase Mom’s Meals or Sister’s Meals for their clients instead of Elderbridge providing the meal.

After a moderate discussion, it was moved by Lionel Foster and seconded by Linda Vaudt to grant CEO Sindt permission to terminate the Medicaid Waiver Meals contracts with the MCOs.

Aye: all (the motion was declared carried.)

2.0 Finance Report – Jodi Presswood, CFO

2.1 Finance Report

CFO Presswood reported on the following:

- 75% of the Title III funding will be spent as required by the end of the fiscal year.
- The FY23 budget was submitted in IAFRS. There will be a revision once the state has made its decision on the funding formula in June or July.
- Meal site sub-recipients are in the process of closing old bank accounts and opening new ones as required by the audit. This process happens once every 5 years and should be completed by June or July.
- The audit required the reconciliation of two accounts payable reports and it has been completed.
- Grant writer Tammie McCready is working on a Telligen grant for the amount of \$30,000 for the volunteer program.
- Most of the local funds from the counties have been received. Two counties still have not sent funds at the time of the Board meeting for approximately \$7,500. The payments are expected in the next 2 months.

It was moved by Larry Pedley and seconded by Jill Hawkinson to approve the Finance report as presented.

Aye: all (the motion was declared carried.)

3.0 Agency Program Reports

3.1 COO Report – Stacia Timmer

- IRTC Program is expanding. LLL service demand is also increasing. Interviews are being conducted for Mason City, Spencer, and Carroll.
- Area Plan Update has been submitted for approval by the Iowa Commission on Aging.
- The HCBS RFA's have been reviewed by staff and contracts are in process based upon allowable funding available. Contracts will be mailed out soon.
- Nutrition Contracts – contracts will be sent out to sub-contractors and caterers. The Sibley meal site has reopened.
- High-risk case management is expanding in Mason City. Elderbridge is the only AAA doing high-risk case management and IDA is asking for data.
- Worth County has received a grant from Diamond Jo's Casino for audio/visual equipment to have at the senior center.

3.2 Public Relations Report – Sue Anne Stoermer

- Promote awareness of services in Elderbridge's 29 county service area. It is important to reach little communities.
- The focus is to promote positive connections by participating with local Chamber of Commerce agencies, public health agencies, and community programs. Outreach is by Zoom meetings and in-person. Met with the Iowa Shrm group with Emily Winker.
- Fundraising has evolved since Elderbridge began to do fundraising. Elderbridge has acquired since the last three fundraisers, \$24,679 in profit to spend on 463 different consumers to provide them with meals, wheelchairs, housekeeping, and emergency response buttons.
- The community Kindness program is being developed by Laura Allen, Volunteer Coordinator, which gathers volunteers to go out and help seniors in the community.

3.3 CEO Report – Shelly Sindt

- Roxy Thompson, HR Specialist is retiring and her last day is June 15, 2022. Interviews will be conducted the week of May 9, 2022.
- Spencer Area Activities Center – the center is moving toward closing the activity center due to budget reasons on June 30, 2022. CEO Sindt has been providing technical assistance and possible ways to move forward. A Board meeting of the activity center was conducted on May 9, 2022. A proposal was brought to the Board of the Activity Center to keep it open. A vote was not taken on the proposal to keep the center open. An update will be provided at the next Board meeting.
- Older Americans Act regulations are up for review by the administration for community living. CEO Sindt will be attending a webinar on May 11, 2022, to input.

- CEO Sindt will be sitting in on a listening session for the Centers for Medicare and Medicaid about rural strategies because Elderbridge has a large rural area.
- Partnering with Community Action agencies and food pantries/banks to distribute food vouchers for \$100 per month to eligible individuals who need help purchasing food. The vouchers will be issued until the end of the fiscal year. Certain counties were targeted that were underserved. Feedback has been positive.
- Invited to a free webcast on leadership. Was sent out to management staff.
- The Spencer office will participate in the Spencer FlagFest parade on the second Saturday in June. Volunteer appreciation will be the theme of the float. Good advertising for Elderbridge. Staff will be walking in the parade and passing out items.

4.0 Community Relations

4.1 County Updates – Feedback from Board Members and the general public.

5.0 Coming Dates

5.1 Next Board Meeting – June 14, 2022, 10:00 a.m. Fort Dodge Elderbridge Office

5.2 Older Americans Month - May

5.3 Tai Chi for Arthritis & Fall Prevention – April 4 - May 26, 9:30 a.m. at Mason City Elderbridge office

5.4 Seated Tai Chi for Arthritis – Swan Place, Carroll, March 15 – May 19, 10:30 to 11:15 a.m.

5.5 Nutrition Conversations – May 18, 2022, 1:30-2:30 p.m. Mason City Elderbridge office

5.6 Caregiver Support Group – Trinity Lutheran Church in Mason City, the fourth Tuesday of the month at 9:30 a.m. by Zoom

5.7 Webster County Caregiver Support Group – 3rd Thursday of the month from, 3:30 to 4:30 p.m., Fort Dodge Public Library

5.8 Clay County Caregiver Support Group – 3rd Tuesday of the month from 10:00 to 11:00 a.m. by Zoom

5.9 Coon Rapids Caregiver Support Group – 1st Tuesday of the month from 3:00 to 4:00 by Zoom

5.10 Advisory Council Meeting, May 25, 2022, 10:30 a.m., Fort Dodge Elderbridge Office

5.11 Office Closure – Memorial Day, May 30, 2022

6.0 Adjournment

6.1 Adjournment

There being no further business before the Board, it was moved by Steve Kruse and seconded by Ethan Huizenga that the meeting is adjourned at 11:24 a.m.

Aye: all (the motion was declared carried.)