



ELDERBRIDGE AGENCY ON AGING
ADVISORY COUNCIL ANNUAL MEETING MINUTES
 Conference Call
 Wednesday, August 25, 2021
 10:30 am

0.0 **Call to Order**

Vice President Linda Vaudt called the meeting to order at 10:30 a.m.

0.1 The advisory council members, staff members, and guests introduced themselves. Also present were: Shelly Sindt, CEO, Stacia Timmer, COO, Beth Will, Board President, and Amy B. Simpson, Executive Assistant were present. Ethan Huizenga, Board Liaison was absent. A quorum was present with 21 members in attendance.

Vacant Audubon		Vacant Franklin		Judy Top Osceola	Ph
Vacant Buena Vista		Vacant Greene		Diana Elbert Palo Alto	Ph
Leane Bodle Calhoun	Ph	Robert Kempf Guthrie	Ex	Linda Saathoff Pocahontas	Ph
Michelle Klocke Carroll	Ph	Becky Koppen Hamilton	Ph	Carol Auen Sac	Ph
Kathye Gaines Cerro Gordo	Ph	Vacant Hancock		Merry Landenberger Sioux	Ph
Randy Van Dyke Clay	Ph	Jan Olson Humboldt	Ph	Beth Gernhart Webster	Ph
Sherry Meyer Crawford	Ph	Linda Vaudt Kossuth	Ph	Rick Burke Winnebago	Ex
Carol DeSchepper Dickinson	Ph	Lisa Rockshill Lyon	Ex	Sandra Olson Worth	Ph
Jessica Carlson Emmett	Ph	Vacant Mitchell		Tracy Crees Wright	Ph
Pat Gansen Floyd	Ex	Eric Erickson O'Brien	Ex	Ethan Huizenga Board Rep	Ex
Deb Kratchovil At-large	Ph	Carl Legore At-Large	Ph	Dan Skelton At-Large	Ph

0.2 Items to be added to/deleted from the Agenda by Council Members and Staff
No new items were added to the agenda.

0.3 Adopt Agenda

It was moved by Jan Olson and seconded by Carol DeSchepper to adopt the August 25, 2021, meeting agenda. Motion carried.

1.0 Council Affairs

1.1 Approval of the May 26, 2021, Council Meeting Minutes

It was moved by Randy Van Dyke and seconded by Merry Landenberger that the May 26, 2021, meeting minutes be approved. Motion carried.

1.2 Seating of Advisory Council members, Judy Top, Osceola County, Jessica Carlson, Emmet County, Beth Gernhart, Webster County, Carol Auen, Sac County, and Robert Kempf, Guthrie County

CEO Sindt stated that the Governance Committee met to discuss the applications of Judy Top, Jessica Carlson, Beth Gernhart, and Carol Auen. All applications were approved by the Board. The new Council members briefly introduced themselves and thanked the Advisory Council for the opportunity to serve. It was moved by Diana Elbert and seconded by Sandy Olson to seat Judy Top, Jessica Carlson, Carol Auen, and Robert Kempf to the Advisory Council. Motion carried.

1.3 Nominating Committee Report and Election of Officers

1.3.1 Election of President, Vice President, and Secretary

After a brief discussion, it was recommended that Lisa Rockhill serve another term as President, Randy Van Dyke serve as Vice President, and Carol DeSchepper as Secretary.

It was moved by Randy Van Dyke and seconded by Merry Landeberger to approve Lisa Rockhill as President. Motion carried.

It was moved by Dan Skelton and seconded by Merry Landeberger to approve Randy Van Dyle as Vice President. Motion carried.

It was moved by Diana Elbert and seconded by Randy Van Dyke to approve Carol DeSchepper as the Secretary. Motion carried.

1.3.2 Appoint Advisory Council representative to the Board

CEO Sindt explained to the Council that the representative to the Board attends monthly Board meetings and reports to the Advisory Council what the Board is doing. Sandy Olson from Worth County volunteered to serve as the Advisory Council representative to the Board. It was moved by Randy Van Dyke and seconded by Diana Elbert to approve Sandy Olson as the Advisory Council representative. Motion carried.

1.4 Current Vacant Counties – Audubon, Buena Vista, Franklin, Greene, Hancock, and Mitchell

CEO Sindt reported that there is a new application for Franklin County that will be approved and seated at the October Advisory Council meeting. Kossuth County will be coming open as Linda Vaudt will be joining the Board of Directors. Members are encouraged to suggest applicants for any open counties.

1.5 Appointment to Board Fundraising Committee

CEO Sindt stated that one person from the Advisory Council traditionally has served on the Fundraising Committee. Members of the committee are not required to go out and seek sponsorships or to raise funds. Fundraising Committee members participate in meetings and provide feedback or ideas for the annual fundraising event.

Tracy Crees, Wright County, volunteered to serve on the Fundraising Committee. It was moved by Sandy Olson and seconded by Jan Olson to approve the appointment of Tracy Crees to the Fundraising Committee. Motion carried.

1.6 Determination of Meeting Schedule

CEO Sindt stated that the Advisory Council traditionally meets in person at the August and February meetings and the October and May meetings are by Zoom. The schedule can remain the same or be changed. After a brief discussion, it was decided to have the meeting schedule remain the same with in-person meetings to begin at 10:30 a.m. and Zoom meetings to begin at 9:00 a.m. It was moved by Dan Skelton and seconded by Merry Landeberbger to keep the meeting schedule the same (August and February meetings in person at 10:30 a.m. and October and May meetings by Zoom at 9:00 a.m.) Motion carried.

1.7 O.I.L Delegates to the yearly meeting in September in Des Moines

CEO Sindt stated that the Older Iowans Legislature meets annually in September to submit bills to the state legislature. Due to the pandemic, the meetings have been held virtually and will be this year. Elderbridge has traditionally been involved with OIL and Board members and Advisory Council members are encouraged to participate in the meeting. An email will be sent out to members with the meeting date and the bills that will be considered. All fees for the meeting will be reimbursed by Elderbridge. It was moved by Carol DeSchepper and seconded by Kathye Gaines to approve payment for those who want to participate in OIL. Motion carried.

Randy Van Dyke provided the members with an update as to what is happening in Washington DC. He is a consultant that does legislative work in the national house and state house and regularly travels to Washington DC 6 to 12 times a year.

1.8 COVID-19 Update

COO Timmer stated clients and staff are encouraged to get vaccinated. Staff is wearing masks in the offices again. Staff will wear masks when out in the field. There are a few congregate meal sites that have not reopened but most have reopened. CEO Sindt stated that the Pfizer vaccine has been fully approved for those 12 and older. A third shot is being recommended for those with significant health issues or who are immune-compromised.

2.0 Board Liaison Report – Ethan Huizenga

No report was presented.

3.0 Agency Report

3.1 CEO Report – Shelly Sindt

CEO Sindt stated she has nothing new to add to her previous reports concerning Fundraising, Oil, and COVID-19.

3.2 COO Report – Stacia Timmer

COO Timmer reported on the following:

- A PowerPoint presentation about Elderbridge will be given to new and existing Advisory Council members who are interested. A Zoom meeting will be scheduled before the next Advisory Council meeting in October to provide information about Elderbridge to new and existing members. Training will be built into the annual meeting once a year.
- Evidenced-based programs such as Stepping On and Matter of Balance have started to be scheduled. The programs help seniors with balance and help prevent falls.
- Congregate meals are going well. Elderbridge has received a grant to promote the Iowa Café program. Elderbridge has partnered with 11 restaurants to provide a menu for seniors. Meals are from the restaurant's menu. Seniors are asked to make a donation to the program as congregate meal sites ask seniors to do. Eleven restaurants currently participate in the program.

4.0 Community Relations

4.1 County Updates – Feedback from Council Members

- Worth County – There are 12 to 14 participants at the congregate meal sites. Masks are being worn. It is hard to get new people to the meal site. There is a total of 45 meals served in a day and the largest number is home-delivered.
- Pochahontas County – Disappointed with the way Farmer's Market was handled this year. Seniors did not receive anything in the mail and not as many people participated in the program.
- Crawford County – Farmer's Market vouchers did not get to as many seniors in Crawford County also.
- Calhoun County – Counties have received ARPA dollars. There is money available for congregate meal sites to help improve such things as ventilation to help prevent Covid-19. Need to find out who is on the committees in each county.
- Kossuth County – Linda Vaudt is retiring after 25 years on the CARE Team and 32 years on the Board. She will be leaving the Advisory Council to join the Board of Directors.

5.0 Coming Dates

- 5.1** Next Advisory Council Meeting – October 27, 2021, 9:00 a.m., Conference Call
- 5.2** "Come See if We Can Save You Money", August 27, 2021, 1:00 to 3:00 p.m. Heartland Senior Housing, 610 Central Avenue, Fort Dodge
- 5.2** Office Closure – September 6, 2021, Labor Day
- 5.3** Next Board Meeting – September 14, 2021, at 10:00 a.m. Conference Call
- 5.4** Clay County Fair - September 11-19, 2021, Spencer
- 5.5** Older Iowans Legislature – September 2021 (not yet announced)
- 5.6** Caregiver Support Group – Mason City, the 4th Tuesday of the month at 9:30 a.m. by Zoom
- 5.7** Webster County Caregiver Support Group – 4th Thursday of the month from, 3:00 to 4:00 p.m. by Zoom.
- 5.8** Clay County Caregiver Support Group – September 2 at 5:15 p.m. and September 21, at 10:00 a.m. by Zoom

- 5.9 Coon Rapids Caregiver Support Group – 1st Tuesday of the month from 3:00 to 4:00 by Zoom
- 5.10 “It’s All About the Fall” – Fall Prevention Week – September 20-24, 12:00 to 4:30 p.m. via Zoom

6.0 Adjournment

6.1 Adjournment

There being no further business before the Advisory Council, it was moved by Randy Van Dyke and seconded by Linda Vaudt to adjourn the meeting at 10:50 a.m. Motion carried.