

# ELDERBRIDGE AGENCY ON AGING ADVISORY COUNCIL ANNUAL MEETING MINUTES

# Conference Call Wednesday, August 26, 2020 9:00 am

### 0.0 Call to Order

Vice President Linda Vaudt called the meeting to order at 9:04 a.m.

**0.1** The advisory council members, staff members, and guests introduced themselves. Also present were: Stacia Timmer, COO, Amy B. Simpson, Executive Assistant, and former Palo Alto County Representative Maureen Sandberg were present. Ethan Huizenga, Board Liaison was absent. A quorum was present with 15 members in attendance.

Brenda Bengard Audubon	Ex	Elaine Kelsey Franklin	Ex	Vacant Osceola	
Vacant Buena Vista		Vacant Greene		Diana Elbert Palo Alto	Ph
Leane Bodle Calhoun	Ph	Vacant Guthrie		Linda Saathoff Pocahontas	A
Vacant Carroll		Becky Koppen Hamilton	Ph	Vacant Sac	
Kathye Gaines Cerro Gordo	Ph	Vacant Hancock		Merry Landenberger Sioux	Ph
Randy Van Dyke Clay	Ph	Jan Olson Humboldt	Ph	Alison Hauser Webster	Ex
Sherry Meyer Crawford	Ph	Linda Vaudt Kossuth	Ph	Rick Burke Winnebago	A
Carol DeSchepper Dickinson	Ph	Lisa Rockshill Lyon	Ph	Vacant Worth	A
Vacant Emmett		Talia Bremer Mitchell	A	Ann Leonard Wright	A
Pat Gansen Floyd	Ph	Eric Erickson O'Brien	Ph	Ethan Huizenga Board Rep	Ph
Deb Kratchovil At-large	Ph				

**0.2** Items to be added to/deleted from the Agenda by Council Members and Staff No new items were added to the agenda.

#### 0.3 Adopt Agenda

It was moved by Merry Landenberger and seconded by Lisa Rockhill to adopt the August 26, 2020, agenda. Motion carried.

#### 1.0 Council Affairs

1.1 Approval of the May 27, 2020, Council Meeting Minutes

It was moved by Randy Van Dyke and seconded by Carol DeSchepper that the May 27, 2020, meeting minutes be approved. Motion carried.

#### **1.2** Nominating Committee Report and Election Officers

1.2.1 Election of President, Vice President, and Secretary

The following officers were recommended for FY 2020-2021. Lisa Rockhill, President, Lyon County, Linda Vaudt, Vice President, Kossuth County, and Leane Bodle, Secretary, Calhoun County. It was moved by Randy Van Dyke and seconded by Merry Landenberger to approve the new officers for FY 2020-2021. Motion carried.

President Rockhill took over the meeting.

**1.2.2** Appoint Advisory County representative to the Board

It was recommended that Elaine Kelsey continue to be the liaison to the Board if she is willing to do so.

**1.3** Presentations of Certificates of Appreciation for Joene Bohlmann, Carroll County, Maureen Sandberg, Palo Alto County, Kelly Schultz, Emmet County, Betty Knudsen, Guthrie County, and Nancy Rheinfels, Worth County

Maureen Sandberg, Palo Alto County was present at the meeting and expressed her appreciation for the services that Elderbridge provides, and that she enjoyed her time on the Advisory Council representing Palo Alto County. She also thanked the members and wished everyone well. The Certificates of Appreciation were mailed to the other outgoing members

**1.4** Current Vacant Counties: Buena Vista, Carroll, Emmet, Greene, Guthrie, Hancock, Osceola, Sac, and Worth.

The Advisory Council was advised of the current county openings. Efforts are ongoing to fill the vacancies and members were asked to provide any possible candidates to CEO Sindt or Amy Simpson.

### **1.5** Appointment to Board Fundraising Committee

COO Timmer stated that an Advisory Council member traditionally has participated on the Board's Fundraising Committee. Members are not required to go out and fundraise themselves. If anyone is interested in serving on the Fundraising Committee, they are encouraged to contact Elderbridge staff.

## **1.6** Determination of meeting schedule for FY2021

After a brief discussion, it was decided to keep the same meeting schedule as the previous year. It was requested that conference call meetings remain at the 9:00 a.m. start time. It was moved by Randy Van Dyke and seconded by Merry Landenberger that the meeting schedule stays the same with conference calls to begin at 9:00 a.m. and inperson meetings to start at 10:30 a.m. Motion carried.

## 1.7 OIL Delegates to the yearly meeting in September in Des Moines

COO Timmer stated that the Older Iowans Legislature traditionally meets once a year during the third week of September. Advisory Council members are encouraged to attend the OIL meeting. Board members are also asked to attend. Randy Van Dyke stated that he is interested in attending. COO Timmer informed Randy Van Dyke that she will provide him with the email information to contact Board member Lionel Foster for details about the meeting.

## 2.0 Board Liaison Report - Ethan Huizenga

COO Timmer gave the Board report during her COO Report.

# 3.0 Agency Report

- 3.2 COO Report Stacia Timmer
  - Elderbridge offices are still closed to the public. Some staff have come back to the offices and some are still working remotely.
  - Meal sites are still doing home-delivered meals or drive-through service. Congregate meal sites are still not open.
  - Caregiver support groups are meeting monthly again through Zoom.
  - The Iowa Return to Community program is going well. The program is available through Spencer and Spirit Lake hospitals. Transition coaches are speaking with the clients over the phone.
  - Grandpads are being ordered for seniors. They are a simplified version of a tablet and are a smart and safe way for seniors to connect with their loved ones. Elderbridge has partnered with the State of Iowa and the other Area Agencies on Aging to purchase the Grandpads. The company is based in Decorah, Iowa.
  - The first virtual auction/fundraiser was held on July 23 and was successful. The funds raised at the July 23 event will be used for home-delivered meals, frozen meals, and home modification equipment. The next virtual fundraiser will be in April 2021 in Mason City.

# 4.0 <u>Community Relations</u>

- 4.1 County Updates Feedback from Council Members
  - Sioux County Experiencing a transportation problem in the Hawarden area. Friday is the busiest day for seniors to attend appointments and RIDES does not operate on that day. Volunteers are leary about transporting seniors because of liability. COO Timmer stated she will contact RIDES.
  - Clay County Randy Van Dyke stated that the parades that have been happening because of COVID-19 have been a successful way for seniors and families to stay connected. The parades would be a great way to raise awareness of Elderbridge and is also another way to fundraise. The Clay County Fairgrounds is open on Tuesday nights so citizens can get fair food.

## 5.0 <u>Coming Dates</u>

- 5.1 Next Advisory Council Meeting October 28, 2020, 9:00 a.m., by conference call
- 5.2 Office Closure September 7, 2020, Labor Day
- 5.3 Next Board Meeting September 8, 2020, at 10:00 a.m. Conference Call
- 5.4 Clay County Fair postponed until September 11-19, 2021
- 5.5 Ready, Set, Retire September 7 & 14, 5:30 to 8:00 p.m. Zoom Meeting

COO Timmer stated that the Ready, Set, Retire program dates have changed to September 14 and 21. Elderbridge's Thomasina Hegg will be presenting information concerning Medicare and Medicare supplements. There will be four speakers presenting on the topics of funeral planning, Social Security, Iowa Legal Aid services, and the SHIIP program.

- **5.6** Older Iowans Legislature September 2020 (not yet announced)
- 5.7 Virtual Caregiver Conference September 10, 2020, 8:30 a.m. to 3:30 p.m. by Zoom

COO Timmer stated that Caregiver Conference is scheduled for September 10. A flyer for the conference was sent to the members. The conference fee is \$15.00 if participants would like to receive credit for the CEU's, otherwise, there is no cost for the conference. Board member, Ethan Huizenga will be presenting on Estate Planning during the afternoon session.

- **5.8** Caregiver Support Group Trinity Lutheran Church in Mason City, the last Tuesday of the month at 9:30 a.m. by Zoom
- **5.9** Webster County Caregiver Support Group Thursday, September 24, 2020, 3:00 to 4:00 p.m.

by Zoom.

- **5.10** Clay County Caregiver Support Group Wednesday, September 23, 2020, at 3:00 p.m. by Zoom.
- **5.11** Carroll County Caregiver Support Group 1<sup>st</sup> Tuesday of the month from 3:00 to 4:00 by Zoom.

# 6.0 <u>Adjournment</u>

6.1 Adjournment

There being no further business before the Advisory Council, it was moved by Linda Vaudt and seconded by Randy Van Dyke to adjourn the meeting at 11:37 a.m. Motion carried.