



ELDERBRIDGE AGENCY ON AGING
ADVISORY COUNCIL MEETING MINUTES
 Conference Call
 Wednesday, October 23, 2019
 9:00 am

0.0 Call to Order

President Ann Leonard called the meeting to order at 9:01 a.m.

0.1 The advisory council members, staff members, and guests introduced themselves. Also present were: Shelly Sindt, CEO, Stacia Timmer, COO, Amy B. Simpson, Executive Assistant, and Board President Lionel Foster were present. Ethan Huizenga, Board Liaison was also present. A quorum was present with 14 members in attendance.

Brenda Bengard Audubon	P	Elaine Kelsey Franklin	P	Vacant Osceola	
Vacant Buena Vista		Vacant Greene		Maureen Sandberg Palo Alto	P
Leane Bodle Calhoun	P	Betty Knudsen Guthrie	P	Vacant Pocahontas	
Joene Bohlmann Carroll	P	Becky Koppen Hamilton	A	Vacant Sac	
Kathye Gaines Cerro Gordo	P	Vacant Hancock		Vacant Sioux	
Randy Van Dyke Clay	A	Vacant Humboldt		Alison Hauser Webster	A
Sherry Meyer Crawford	P	Linda Vaudt Kossuth	P	Rick Burke Winnebago	P
Carol DeSchepper Dickinson	P	Lisa Rockshill Lyon	P	Nancy Rheinfels Worth	A
Kelly Schultz Emmett	Ex	Talia Bremer Mitchell	A	Ann Leonard Wright	P
Vacant Floyd	P	Eric Erickson O'Brien	P	Ethan Huizenga Board Rep	Ph

0.2 Items to be added to/deleted from the Agenda by Council Members and Staff
No new items were added to the agenda.

0.3 Adopt Agenda

It was moved by Joene Bohlmann and seconded by Maureen Sandberg to adopt the October 23, 2019, agenda. Motion carried.

1.0 Council Affairs

1.1 Approval of the August 28, 2019, Council Meeting Minutes

It was moved by Lisa Rockhill and seconded by Linda Vaudt that the August 28, 2019, meeting minutes be approved. Motion carried.

1.2 Seating of new Advisory Council Members, Randy Van Dyke, Clay County

COO Timmer stated that Randy Van Dyke has been approved by the Board to represent Clay County. It was moved by Carol DeSchepper and seconded by Brenda Bengard to seat Randy Van Dyke to the Advisory Council. Motion carried.

1.3 Current Vacant Counties – Buena Vista, Floyd, Greene, Hancock, Humboldt, Osceola, Pocahontas, Sac, and Sioux

Efforts are ongoing to fill the vacant counties. Advisory Council members were encouraged to provide candidates for the vacant counties. Elderbridge staff is assisting in the efforts to fill the vacancies.

1.4 Fundraising Committee Report and Annual Fundraiser Report

COO Timmer reported that the “A Hot Night in Havana” fundraiser held in September raised over \$3,000 and the feedback received about the event was positive. The next fundraiser will be held in Clay County in April 2020. Board President Foster encouraged the Advisory Council members to provide Angie Perez with any ideas or contacts in their communities for the purposes of fundraising. COO Timmer stated that the focus of fundraising is for material aid, which helps seniors with such things as a Lifeline, home modifications, and home-delivered meals. A Butterbraid fundraising campaign is currently going on in each of the offices.

It was moved by Brenda Bengard and seconded by Betty Knudsen to approve the Fundraising Committee report. Motion carried.

1.5 Older Iowans Legislature

Board President Lionel Foster stated that the Older Iowans Legislature session is held once a year and the Chair of the group is Helen McGee. The session was held on September 24, 2019, in Des Moines. Topics discussed and bills recommended were Elder Abuse, expand the network of healthcare workers, change the building codes so older Iowans can have modifications to their homes, and improvements to the congregate meal program.

It was moved by Carol DeSchepper and seconded by Lisa Rockhill to approve the Older Iowans Legislature report. Motion carried.

1.6 Joint Planning Committee Appointments

1.6.1 Joint Planning Committee meeting – November 8, 2019, 10:00 a.m. Mason City Chamber of Commerce, Farrer Room

COO Timmer stated that the Joint Planning Committee meets Annually. Board members, staff and Advisory Council members are asked to participate in the committee meeting. Service priorities are discussed for the upcoming year. Linda Vaudt, Kathye Gaines and Ann Leonard volunteered to participate in the meeting.

1.7 Review and Discussion of Annual Budget

COO Sindt stated that the Annual Report is created once a year and contains an overview of activities the agency participated in and how funding is allocated and used throughout the fiscal year. The Annual Report is also handed out to the County Board of Supervisors along with with a specific County Report during Board of Supervisors presentations.

2.0 Board Liaison Report - Ethan Huizenga

Ethan Huizenga stated that the Board also reviewed the Annual Report at its October meeting. The previous Fundraising Report covered what he was going to speak to.

3.0 Agency Report – Shelly Sindt, CEO

3.1 Agency Report

COO Timmer reported that the Iowa Return to Community program is doing well. The program helps to keep people discharged from the hospital in their homes. There have been 47 referrals screened so far. In November the Iowa Department of Aging director, Linda Miller, and Ann Meyer will be visiting the Spencer officer to follow the transition coaches to see how Elderbridge’s process works. The goal is to get more funding in order to expand the program.

CEO Sindt and Dietitian Danielle Crail will be visiting a congregate meal site in Marion that has a salad bar. Elderbridge is looking at trying a salad bar in selected meal sites to see if it will increase attendance.

3.2 Elderbridge Alliance

There have not been a lot of new referrals. Management and the Alliance Board is looking at ways to reduce the costs of the services that Alliance provides.

4.0 Community Relations

4.1 County Updates – Feedback from Council Members

- Audubon – Thanked CEO Sindt for visiting the site and speaking to the “Red Hat” ladies. The ISU Extension office is having a four-part series on staying independent on November 1, 8, 15 and 22.
- Guthrie County – Betty Knudsen has been eating at the meal site three times a week, and the meals are very good. Twenty or more people in attendance at the congregate meal site.
- Franklin County – On November 16, 2019, there will be a Winter Wonderland Ball at Hampton Convention Center at the fairgrounds from 8:00 to 10:00. There will be music and dancing. Snacks will be provided. There will a silent auction.

- Palo Alto County – Maureen Sandberg will put up the flyer for the Palo Alto Caregiver Support Group to be held on November 18, 2019, at the Pizza Ranch. She will also attend the meeting. Barry Bonner would like to start up a meals on wheels program started in Graettinger. Elderbridge will contact him.
- Kossuth County – Linda Vaudt thanked Elderbridge for the Caregiver Appreciation Day in Algona. It was well-received.
- Cerro Gordo County – Attended the Caregiver Appreciation event in Clear Lake. Kathye Gaines stated she enjoyed the event and received a lot of positive feedback.
- Winnebago County – Meals on Wheels are delivered on Thursdays and Fridays. Numbers have been the same for the last 3 months for home-delivered and congregate.

5.0 Coming Dates

- 5.1** Next Advisory Council Meeting – February 26, 2020, 10:30 a.m., Fort Dodge Elderbridge Office
- 5.2** Next Board Meeting – November 12, 2019, at 10:00 a.m. Conference Call
- 5.3** Sioux County Caregiver Support Group – November 13, 2019, from 5:00 to 6:30 at the Pizza Ranch, Sioux Center (2nd Wednesday of every month)
- 5.4** Medicare Part D Open Enrollment – October 15 thru December 7
- 5.5** Palo Alto Caregiver Support Group – November 18, 2019, 5:30 to 6:30, Pizza Ranch, Emmetsburg (3rd Monday of every month)
- 5.6** Caregiver Support Group – November 26, 2019, 9:30 a.m., Trinity Lutheran Church, Mason City
- 5.7** Caregiver Panel Discussion – Coon Rapids, Thomas Rest Haven Activity Room, 1st Tuesday of every month
- 5.8** Elderbridge booth at Estherville VFW Community Table, October 28, 2019, from 5:00 to 7:00 p.m.
- 5.9** Clay County Caregiver Support Group – October 29, 2019, 3:00 to 4:30 p.m., at Spencer Elderbridge office or 5:30 to 6:30 at the Pizza Ranch in Spencer (4th Wednesday of every month)
- 5.10** Siouxland Aging Coalition Meeting – October 30, 2019, 11:30 a.m., ISU Extension Office, Orange City

6.0 Adjournment

6.1 Adjournment

There being no further business before the Advisory Council, it was moved by Joene Bohlmann and seconded by Rick Burke to adjourn the meeting at 10:18 a.m. Motion carried.