



ELDERBRIDGE AGENCY ON AGING
ADVISORY COUNCIL ANNUAL MEETING MINUTES
 308 Central Avenue
 Fort Dodge, IA 50501
 Wednesday, August 28, 2019
 10:30 am

0.0 Call to Order

CEO Sindt called the meeting to order at 10:32 a.m.

0.1 The advisory council members, staff members, and guests introduced themselves. Also present were: Shelly Sindt, CEO, Stacia Timmer, COO and Amy B. Simpson, Executive Assistant. A quorum was present with 13 members in attendance.

Brenda Bengard Audubon	P	Elaine Kelsey Franklin	P	Vacant Osceola	
Vacant Buena Vista		Vacant Greene		Maureen Sandberg Palo Alto	P
Leane Bodle Calhoun	P	Betty Knudsen Guthrie	A	Clint Fogde Pocahontas	A
Joene Bohlmann Carroll	A	Becky Koppen Hamilton	A	Vacant Sac	
Kathye Gaines Cerro Gordo	P	Vacant Hancock		Vacant Sioux	
Vacant Clay		Vacant Humboldt		Alison Hauser Webster	P
Sherry Meyer Crawford	Ex	Linda Vaudt Kossuth	P	Rick Burke Winnebago	P
Carol DeSchepper Dickinson	P	Lisa Rockshill Lyon	P	Nancy Rheinfels Worth	A
Kelly Schultz Emmett	P	Talia Bremer Mitchell	A	Ann Leonard Wright	P
Vacant Floyd		Eric Erickson O'Brien	A	Ethan Huizenga Board Rep	Ph

0.2 Items to be added to/deleted from the Agenda by Council Members and Staff
No new items were added to the agenda.

0.3 Adopt Agenda
It was moved by Linda Vaudt and seconded by Kelly Schultz to adopt the August 28, 2019, agenda. Motion carried.

1.0 Council Affairs

1.1 Approval of the May 22, 2019, Council Meeting Minutes
It was moved by Kelly Schultz and seconded by Elaine Kelsey that the May 22, 2019, meeting minutes be approved. Motion carried.

1.2 Seating of new Advisory Council Members, Kathye Gaines, Cerro Gordo County, Carol DeSchepper, Dickinson County, Lisa Rockhill, Lyon County, Sherry Meyer, Crawford County

CEO Sindt called for a motion to seat Kathye Gaines, Carol DeSchepper, Lisa Rockhill and Sherry Meyer to the Advisory Council. It was moved by Elaine Kelsey and seconded by Ann Leonard to seat the members to the Advisory Council. Motion carried.

CEO Sindt stated that Randy Van Dyke was approved by the Governance Committee for Clay County. He will be seated at the October meeting.

1.3 Nominating Committee Report and Election of Officers

1.3.1 Election of President, Ann Leonard, Vice President Linda Vaudt, and Secretary Leane Bodle

It was moved by Lisa Rockhill and seconded by Kathye Gaines that Ann Leonard, President, Linda Vaudt Vice President, Leane Bodle, Secretary be approved. Motion Carried.

1.3.2 Appoint Advisory Council representative to the Board

CEO Sindt stated that the Board needs a representative from the Advisory Council to represent the Council at the Board meetings. Elaine Kelsey from Franklin County volunteered to be the Advisory Council representative.

It was moved by Linda Vaudt and seconded by Carol DeSchepper to approve Elaine Kelsey as the Advisory Council Representative to the board. Motion Carried.

1.4 Current Vacant Counties - Buena Vista, Clay, Floyd, Greene, Hancock, Humboldt, Osceola, Sac, and Sioux

CEO Sindt stated that efforts are ongoing to fill the vacant counties. Staff members have been assigned to help fill the vacant counties. The vacancies have been posted on social media and on the Elderbridge website.

1.5 Appointment to Board Fundraising Committee Report

CEO Sindt stated that Advisory Council members in the past have been involved in the Fundraising Committee. Meetings are by conference call and members are not required to go out and fundraise. Members provide leads or fundraising ideas for the

committee. CEO Sindt asked members to think about it and contact her if they are interested in participating on the Fundraising Committee. This item was tabled.

1.6 Determination of meeting schedule for FY 2019/2020

CEO Sindt stated that the Advisory Council meets quarterly on the 4th Wednesday of the month and the Annual Meeting is in August. The October and May meetings are by conference call and the August and February meetings are in person.

It was moved by Kelly Schultz and seconded by Kathye Gaines that the meeting schedule is the 4th Wednesday of the month for February, May, August, and October. February and August meetings will be in person and October and May will be by conference call. Motion carried.

1.7 O.I.L Delegates to yearly meeting in September in Des Moines

CEO Sindt stated that in the past Board members and Advisory Council members have participated in the Older Iowans Legislature that takes place in September in Des Moines each year. The focus this year for the Older Iowans Legislature is Elder Rights.

Board President Lionel Foster's contact information will be sent to members if they are interested in attending the meeting.

2.0 **Board Liaison Report - Ethan Huizenga**

Ethan Huizenga stated that the Board is working through changes to the bylaws. He will be presenting at the Caregiver Conference on September 26, 2019, at the Calvary United Methodist Church, Arnolds Park, Okoboji. His presentation will focus on helping Iowans navigate Medicaid, Miller Trusts and long-term planning.

CEO Sindt stated that Centenarians will be recognized during the Caregiver Conference on September 26, during the noon lunch.

3.0 **Agency Report – Shelly Sindt, CEO**

3.1 Agency Report

COO Timmer introduced herself to the Council members. The Return to Community Initiative started on July 1. IDA provided a \$100,000 grant to Elderbridge to pilot the Return to Community program in the Spencer area. The hope is to expand the program in other areas. The program works with individuals that are being discharged from the hospital or a skilled nursing facility back to their homes. Elderbridge has partnered with the Spencer hospital and St. Lukes Nursing Home. Medicaid patients are not accepted at this time. The point is to prolong the admission to Medicaid. The goal is to have 100 referrals in the year.

COO Timmer and CEO Sindt attended the N4a Conference in New Orleans. The Conference was informational and emphasized that AAA's need to view themselves as a business. Good connections were made with others in the industry. CEO Sindt presented on the Elderbridge Alliance program during the conference.

Elderbridge is working on having the ability to claim Medicaid dollars for the assistance Elderbridge provides in helping seniors get signed up for Medicaid and other Medicaid issues. The hope is to be able to get \$100,000 in funding.

The Carroll office is expanding. Emily Winker was hired as a half time Information and Referral Specialist and a half time Family Caregiver Specialist. The Mason City office has moved permanently to a new location at 1190 Briarstone Drive, Suite 3. The new location has better accessibility for seniors. The Fort Dodge office has received a new roof.

CEO Sindt stated that Elderbridge has been doing Caregiver Appreciation events. The feedback from the Denison event that was held on August 20 was very positive. Caregiver Appreciation events will also take place in Clear Lake and Algona.

The 1st Annual Fundraiser is going to be on September 15, 2019, at the Surf Ballroom in Clear Lake, from 3:00 to 7:00 p.m. The theme is “A Hot Afternoon in Havana”. There will be silent auction items. The Advisory Council members are invited to attend.

- 3.2** Elderbridge Alliance
Nothing to report at this time.

4.0 Community Relations

- 4.1** County Updates – Feedback from Council Members
- Franklin County – Had a fundraiser with a car show and tractor ride. It was very successful.
 - Lyon County – Lisa Rockhill is new to the Advisory Council. She has worked with Mental Health Services for 23 years. She has extensive Medicaid experience, food stamp programs, etc.
 - Calhoun County – Plans on visiting other meals sites in the county.

5.0 Coming Dates

- 5.1** Next Advisory Council Meeting – October 23, 2019, 9:00 a.m., Conference Call
- 5.2** Next Board Meeting – September 10, 2018, at 10:00 a.m. Conference Call
- 5.3** Clay County Fair, September 7 – 15, 2019
- 5.4** Annual Fundraiser “A Hot Afternoon in Havana”, September 15, 2019, Surf Ballroom, Clear Lake, 3:00 to 7:00 p.m.
- 5.5** Older Iowans Legislature – September 24, 2019, One day session, Iowa House Chamber, Des Moines Capitol
- 5.6** Caregiver Conference – September 26, 2019, 9:00 a.m. to 3:30 p.m., Calvary United Methodist Church, Arnolds Park, Okoboji
- 5.7** Caregiver Support Group – Trinity Lutheran Church, September 24, 2019. 9:30 a.m., Mason City
- 5.8** Office Closure – September 2, 2019 – Labor Day

6.0 Adjournment

- 6.1** Adjournment
- There being no further business before the Advisory Council, it was moved by Linda Vaudt and seconded by Leane Bodle to adjourn the meeting at 12:20 p.m. Motion carried.