



JANUARY 2020 MENUS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1	2	3
			Apple Pork Chops & Stuffing Roasted Red Potatoes Dilly Carrots Applesauce Jell-O	Oven Fried Chicken Baked Potato Harvard Beets Pears
6	7	8	9	10
Swedish Meatballs Egg Noodles Asparagus Ice Box Cookies	Ham & Bean Soup Choice of Bread Copper Penny Carrots Mixed Fruit	BBQ Chicken Potato Wedges Broccoli Salad Strawberries or Royal Brownie	Salmon Loaf Creamed Potatoes w/Peas Lettuce or Spinach Salad Pears	COOK'S CHOICE
13	14	15	16	17
Creamed Chicken Buttermilk Biscuit Mixed Vegetables Orange Wedges	Tater Tot Casserole Lettuce or Spinach Salad Peaches WW Roll	Hot Pork Sandwich Mashed Potatoes w/Gravy Asparagus Choice of Juice	Philly Sloppy Joe WW Bun Sweet Potato Fries Mixed Vegetables Peanut Butter Cookie	Roast Beef Roasted Red Potatoes Broccoli Spears Mixed Fruit or Hot Milk Cake w/Berry Mix
20	21	22	23	24
Tuna & Vegetable Pasta Lettuce Salad Mixed Fruit Ice Box Cookies	Spaghetti w/Meat Sauce Breadstick Broccoli Apricots	COOK'S CHOICE	Chicken & Mushrooms Mashed Potatoes Creamed Peas Banana half	Taco Soup WW Roll Carrot Raisin Salad Peach Crisp
27	28	29	30	31
Liver & Onions -OR- Beef Patty Mashed Potatoes w/Gravy Mixed Vegetables Pears	Taco Casserole or Taco Salad Mexican Rice Peaches	Chicken Fajita Bake Corn Bread Strawberries Molasses Cookie	Herb-Rubbed Roast Beef Mashed Potatoes w/Gravy WW Roll Steamed Carrots Apple Slices	Baked Pork Chop Baked Potato Broccoli Spears Strawberry Rhubarb Crisp