



ELDERBRIDGE AGENCY ON AGING
ADVISORY COUNCIL ANNUAL MEETING MINUTES
 Conference Call
 Wednesday, October 24, 2018
 9:00 am

0.0 Call to Order

Marlene Gray, presiding President, called the meeting to order at 9:05 a.m.

0.1 The advisory council members, staff members, and guests introduced themselves. Also present were: Shelly Sindt, CEO, Lionel Foster, Board Vice President, and Amy B. Simpson, Executive Assistant. A quorum was present with 14 members in attendance.

Brenda Bergard Audubon	Ph	Vacant Franklin		Theresa Riley Osceola	Ph
Rebecca Wolf Buena Vista	A	Vacant Greene		Maureen Sandberg Palo Alto	Ph
Leane Bodle Calhoun	Ph	Betty Knudsen Guthrie	Ph	Clint Fogde Pocahontas	A
Joene Bohlmann Carroll	A	Becky Koppen Hamilton	Ph	Patricia Rubendall Sac	A
Amanda Ragan Cerro Gordo	Ex	Marlene Gray Hancock	Ph	Lori Hayungs Sioux	EX
Deb Woodcock Clay	Ph	Janeice Geitzenauer Humboldt	Ph	Alison Hauser Webster	Ph
Steve Fitzgerald Crawford	Ph	Linda Vaudt Kossuth	Ph	Rick Burke Winnebago	Ph
Kathleen Johnson Dickinson	A	Vacant Lyon		Nancy Rheinfels Worth	A
Kelly Schultz Emmett	A	Sandy Chilson Mitchell	Ex	Ann Leonard Wright	Ph
Lori Hain Floyd	Ph	Vacant O'Brien	A	Tim Nichols Board Rep	A

0.2 Items to be added to/deleted from the Agenda by Council Members and Staff
No new items.

0.3 Adopt Agenda

It was moved by Linda Vaudt and seconded by Janiece Geitzenauer to adopt the October 24, 2018, agenda. Motion carried.

1.0 Council Affairs

1.1 Approval of the August 22, 2018, Council Meeting Minutes

It was moved by Brenda Bergard and seconded by Ann Leonard that the August 22, 2018, meeting minutes be approved. Motion carried.

1.2 Review and Discussion of Advisory Council Bylaws, 2nd Reading

CEO Sindt stated that the 1st reading of the Bylaws was at the August 2018 meeting. Elderbridge's attorney has reviewed the bylaws. The attorney questioned why on page 4, Section 7, Telephone Conferences was deleted. It was moved to page 5, Article 5, Section 1. The wording was changed to include telephonic meetings. On page 4, Section 8, ex-officio members to the Board was added to that section. The term "Advisor" was changed to "Member."

It was moved by Deb Woodcock and seconded by Janeice Geitzenauer that the changes to the Advisory Council Bylaws be accepted. Motion carried.

1.3 Open Counties

1.3.1 Franklin, Greene, Lyon, and O'Brien

CEO Sindt stated that by the next meeting there would be a new member for O'Brien County. Eric Erickson is with Sanford Home Health and Hospice. He will be seated at the next meeting in February. CEO Sindt contacted the Franklin County Veteran Affairs person as a possible candidate, and the offer was respectfully declined. There are some leads on the remaining counties, and if the Advisory Council knows of any candidates for vacancies, they are encouraged to contact CEO Sindt.

1.4 Fundraising Committee Report

The Fundraising Committee met on October 16, 2018, at 2:00 p.m. via conference call. The committee talked about an Elderbridge development program outline for fiscal year 2018-2019 which maps out the strategies to attract new donors. The committee will meet on the first Friday of each month. The next meeting will be on November 2, 2018. Any members who know of any individuals or corporations that Angie Perez can contact regarding donations would be appreciated. CEO Sindt stated that Lori Hain and Ann Leonard are also on the Fundraising Committee.

The Fundraising Committee also talked about having donation boxes at local businesses for consumers to put money in as a way of fundraising.

1.5 Report on Older Iowan's Legislature

Turnout for the meeting was lower than expected, but the meeting was successful. There is a final report on the initiatives on the Older Iowan's Legislature

webpage. CEO Sindt asked Amy Simpson to email the Advisory Council members the report.

1.6 Joint Planning Committee Appointments

CEO Sindt stated that the Joint Planning Committee is scheduled to meet on October 26, 2018, at 10:00 a.m. in the Algona Public Library. Board Members, Advisory Council representatives, and the Elderbridge management team will be discussing the funding for FY 2020, the goals of the 4-year area plan and prioritizing service priorities. The following representatives from the Advisory Council have volunteered to be on the Joint Planning Committee: Janeice Geitzenhauer, Lori Hain and Ann Leonard.

It was moved by Betty Knudsen and seconded by Maureen Sandberg that Lori Hain, Janeice Geitzenauer and Ann Leonard serve on the Joint Planning Committee.

2.0 Agency Report/Board Liaison Report – Shelly Sindt, CEO

2.1 Agency Report

CEO Sindt stated that she wants to have a full Advisory Council and is working hard to get the vacancies filled. The Annual Report has changed this year. A professional printer was used this year to print the Annual Report. Scheduled Board of Supervisor visits have been sent out to Advisory Council members and will be updated as the counties get scheduled. CEO Sindt encouraged members to attend the meetings in their counties.

CEO Sindt that the packet included grant information. Elderbridge will be receiving a \$53,000 federal grant for disaster relief in 18 counties in our service area. The money will be used to purchase shelf-stable meals.

2.2 Elderbridge Alliance

CEO Sindt stated that the Alliance offers a variety of services on a private pay basis. There is no government funding supporting the Alliance. The most popular services are Errand Buddy, attending medical appointments with clients, and home safety assessments. The goal is to generate income back to Elderbridge to help support those who can not afford services. Elderbridge is also looking at a sliding fee scale for Alliance services so that more consumers can afford the services provided by Elderbridge Alliance.

2.3 Nutrition Report – Robert Ammann, Nutrition Director

On November 5, two grants will be utilized for emergency meals for 14 counties. The meals will primarily be going to home-delivered individuals. The disaster relief grant will be covering counties that are also covered by other grants. There will be three distributions of the grant. Meals will be distributed this fall, mid-winter 2019, and then meals will be ordered for next September 2019 to be distributed before winter 2020. The counties not covered by any of the grants are Sac, Calhoun, Crawford, Carroll, Greene, Audubon and Guthrie.

Danielle Bowlin was hired on September 4, 2018, as the new dietitian for Elderbridge. She attended the Academy of Nutrition and Dietetics conference in Washington DC in October. Taylor Boyle, the nutrition coordinator, attended the Meals on Wheels conference in Charlotte, North Carolina, in August.

The home-delivered meals in Humboldt are going well with Sister's Homestyle Entrees. The congregate meals are still operating at the hospital until a site gets up and running. Elderbridge is looking to open a completely different meal site in Humboldt. Heritage Agency on Aging in Cedar Rapids has opened a different concept called Encore Café. It has been successful, and Heritage is looking at opening additional meal sites.

The Ventura meal site may close. Ventura is currently cooking meals for Britt and Kanawha. Elderbridge is looking for a different vendor for that meal site. Charles City Meals on Wheels program is losing their vendor. The hospital no longer wants to provide the meals. Danielle Bowlin has met with the hospital, the Charles City Senior Center and Meals on Wheels to try to keep the program running.

The Senior Farmers Market Program is concluding for this year. Elderbridge distributed approximately 2,400 checks.

Attendance at congregate meals site is dropping steadily. The hope is the Encore Café program concept will increase interest and attendance.

3.0 Community Relations

3.1 County Updates – Feedback from Council Members

- Audubon County – For Exira there were 345 congregate and home-delivered meals.
- Calhoun County – meal site is doing well. The site has had a change of subcontractors, and the sites feel communication is an issue. The fellowship at the meal site has changed. Seniors come in to eat only.
- Crawford County – Meals on Wheels deliveries has increased.
- Guthrie County – Meals are staying consistent, and it is running well.
- Hancock County – Home delivered meals has increased. Congregate meals have decreased.
- Kossuth County – Algona had an agency fair for the senior citizens, and 25 to 30 people attended. Meal site is doing well.
- Winnebago County – Home-delivered is doing well and congregate is also doing well. There is a slight increase in attendance due to the cooler weather.
- Wright County – The Eagle Grove site is doing well.

4.0 Coming Dates

- 4.1** Next Board Meeting – November 13, 2018, at 10:00 a.m. by conference call.
- 4.2** County Board of Supervisors Meetings is in the process of being scheduled. Advisory Council members will be notified of meetings in their counties.
- 4.3** Joint Planning Committee meeting – October 26, 2018, 10:00 a.m. Algona Public Library.
- 4.4** Centenarian Recognition Event - October 30, 2018, 10:00 a.m., Grace Church, Mason City
- 4.5** Ready, Set, Retire – November 10, 2018, 9:00 a.m. to noon, Mohawk Square Liberty Room, Mason City
- 4.6** Next Advisory Council meeting – February 27, 2019, 10:30 a.m. Fort Dodge Elderbridge Office

5.0 Adjournment

- 5.1** Adjournment

There being no further business before the Advisory Council, it was moved by Brenda Bergard and seconded by Becky Koppen to adjourn the meeting at 10:15 a.m. Motion carried.