



**ELDERBRIDGE AGENCY ON AGING  
ADVISORY COUNCIL ANNUAL MEETING MINUTES**

308 Central Avenue  
Fort Dodge, IA 50501  
Wednesday, August 22, 2018  
10:30 am

**0.0 Call to Order**

Becky Koppen, presiding Vice President, called the meeting to order at 10:35 a.m.

**0.1** The advisory council members, staff members, and guests introduced themselves. Also present were: Shelly Sindt, CEO, Angie Perez, Fundraising/Public Relations Coordinator, former Council Members, Tracy Quinones, and Joan Tiffany, and Amy B. Simpson, Executive Assistant. A quorum was present with 14 members in attendance and one via telephone.

Angie Perez is the newest member of the Elderbridge staff. She came to Elderbridge with extensive experience in fundraising, event coordination, and public relations. She is looking forward to increasing Elderbridge brand awareness in our 29 county service area. Her first event is the Centenarian event that will be in Mason City or Clear Lake at the end of October.

Brenda Bergard Audubon	P	Vacant Franklin		Theresa Riley Osceola	P
Rebecca Wolf Buena Vista	A	Vacant Greene		Maureen Sandberg Palo Alto	A
Leane Bodle Calhoun	A	Betty Knudsen Guthrie	P	Clint Fogde Pocahontas	A
Joene Bohlmann Carroll	P	Becky Koppen Hamilton	P	Patricia Rubendall Sac	Ex
Amanda Ragan Cerro Gordo	Ex	Marlene Gray Hancock	P	Lori Hayungs Sioux	EX
Deb Woodcock Clay	Ph	Janeice Geitzenauer Humboldt	A	Alison Hauser Webster	P
Steve Fitzgerald Crawford	P	Linda Vaudt Kossuth	P	Rick Burke Winnebago	Ex

Kathleen Johnson Dickinson	A	Vacant Lyon		Nancy Franck Worth	A
Kelly Schultz Emmett	P	Sandy Chilson Mitchell	P	Ann Leonard Wright	P
Lori Hain Floyd	P	Vacant O'Brien	A	Tim Nichols Board Rep	Ex

**0.2** Items to be added to/deleted from the Agenda by Council Members and Staff  
Add Theresa Riley, Osceola County to Item 1.2 and Clay County Fair to Upcoming Dates.

**0.3** Adopt Agenda  
It was moved by Kelly Schultz and seconded by Linda Vaudt to adopt the August 22, 2018, agenda with additions. Motion carried.

## **1.0** Council Affairs

**1.1** Approval of the May 23, 2018, Council Meeting Minutes  
It was moved by Joene Bohlmann and seconded by Marlene Sandberg that the May 23, 2018, meeting minutes be approved. Motion carried.

**1.2** Seating of New Advisory Council Members, Brenda Bergard, Audubon County and Theresa Riley, Osceola County  
Brenda Bergard and Theresa Riley introduced themselves to the Advisory Council. It was moved by Kelly Schultz and seconded by Steve Fitzgerald to seat Brenda Bergard, Audubon County and Theresa Riley of Osceola County. Motion carried.

**1.3** Nominating Committee report and Election of Officers  
**1.3.1** Election of President, Vice President, and Secretary  
Steve Fitzgerald stated the slate of officers for the next fiscal year are Marlene Gray for President, Joene Bohlmann for Vice President and Lori Hain for Secretary. It was moved by Steve Fitzgerald and seconded by Betty Knudsen to approve Marlene Gray for President, Joene Bohlmann for Vice President and Lori Hain for Secretary. Motion carried.

**1.3.2** Appoint Advisory Council representative to the Board  
President Gray took over the meeting and asked for volunteers for the Advisory Council representative to the Board. It was recommended that Ann Leonard continue as liaison to the Board. It was moved by Joene Bohlmann and seconded by Kelly Schultz that Ann Leonard continue to serve as the Advisory Council representative. Motion carried.

**1.4** Current Vacant Counties – Franklin, Greene, Lyon, and O'Brien  
Former Advisory Council member Joan Tiffany stated that she spoke to two ladies about serving on the Council for Greene County and was turned down. She has one other possibility but has not spoken to her yet. Her contact information was given to CEO Sindt. Efforts are still being made to fill the other vacant counties.

**1.5 Appointment to Board Fundraising Committee**

Deb Woodcock stated she no longer has the time to serve on the Fundraising Committee. Ann Leonard volunteered to serve on the committee. Lori Hain also volunteered to participate on the Fundraising Committee. It was moved by Kelly Schultz and seconded by Betty Knudsen that Ann Leonard and Lori Hain be appointed to the Fundraising Committee.

**1.6 Determination of meeting schedule for FY2018-2019**

There are four meetings a year, two by conference call and two in person. It was moved by Lori Hain and seconded by Linda Vaudt that the meetings will be on the 4<sup>th</sup> Wednesday of October, February, May, and August. October and May meetings will be by conference call, and August and February will be in-person. Motion carried.

**1.7 O.I.L Delegates to the yearly meeting in September in Des Moines.**

CEO Sindt stated that Mike Otto, Mabel Mantel and Lionel Foster from the Board of Directors would be attending the Annual Older Iowans Legislature in September. Advisory Council members are also invited to attend the meeting. Delegates will receive \$100 per person to defray costs of attending the meeting.

**1.8 Review and discussion of Advisory Council Bylaws, 1<sup>st</sup> Reading**

The changes to the bylaws were reviewed with the Advisory Council. CEO Sindt stated that the Board Bylaws as well have been reviewed and changed. The Advisory Council bylaws will be given to Elderbridge's attorney to review, and an updated version will be given to members for the October meeting.

**1.9 Presentation of Certificates of Appreciation to Susan Osvald, Audubon County, Joan Tiffany, Greene County and Tracy Quinones of Franklin County.**

CEO Sindt presented Certificates of Appreciation to Tracy Quinones and Joan Tiffany in appreciation of their six (6) years of service to the Advisory Council. Brenda Bergard stated Susan Osvald was unable to attend the meeting and that she would deliver the Certificate of Appreciation to her.

**2.0 Board Liaison Report – Tim Nichols**

Tim Nichols was not present at the meeting. Board Member Tracy Quinones stated Brenda Bergard's application was approved for the Advisory Council at the July Board meeting, and officers were elected for FY 2018-2019.

**3.0 Agency Report/Board Liaison Report – Shelly Sindt, CEO**

**3.1 Agency Report**

CEO Sindt stated that AmeriHealth Caritas (MCO) had left the state. Centene has been chosen to replace AmeriHealth, and they will start on July 1, 2019. CEO Sindt and CEO Donna Harvey of NEI3A met with Centene representatives. Centene is interested in the AAA's as being transitional coaches for individuals in nursing homes that can return home. Centene would reimburse Elderbridge for this service. Centene was made aware that Elderbridge is involved in the Home Meds program and is the only AAA in Iowa at this time involved with the Home Meds program.

CEO Sindt attended the national N4a Conference in Chicago, Illinois, in July. She had met with representatives of Sellers Dorsey who is a consulting firm working with IDA to develop a way to have AAA's submit Medicaid claims for the Aging and Disability Resource Center (ADRC). The firm is also working with the AAA's to strengthen the relationship between the AAA's and IDA.

CEO Sindt traveled to all 29 counties and dined at the meal sites to let consumers know about Elderbridge and the services Elderbridge provides. She also made connections at agencies in each county such as the Veteran's Administration.

CEO Sindt met with legislatures in Washington DC in April and thanked them for not cutting the Older Americans Act funding.

### **3.2 Elderbridge Alliance**

CEO Sindt stated that Elderbridge Alliance is a separate 501(c)3 nonprofit corporation. Services are being provided on a private pay basis. Elderbridge employees are being used to deliver services to keep overhead low. Errand Buddy has been the most popular service. Stephanie Carlson is the part-time Elderbridge Alliance Coordinator, who coordinates Elderbridge staff to perform the services.

## **4.0 Community Relations**

### **4.1 County Updates – Feedback from Council Members**

- Hamilton County – RSVP program has a senior fitness program that is ongoing, twice weekly. Have had close to 500 people registered for the program. There is a new program that trains volunteers to do presentations on the dangers of opioids.
- Webster County oversees the mental health region that includes Webster County. House File 2456 was signed by Governor Reynolds that will hopefully allow six more access centers in Iowa. Each facility would contain subacute, crisis stabilization and complex needs for mental health.
- Kossuth County – Meals on Wheels is down in June and July. Consumers that visit the Food Pantry are being told they can also visit the Algona meal site. On October 11, at 9:30 a.m. there will be a Benefits Enrollment Center meeting at the Presbyterian Church in Algona.
- Carroll County – Meals are down at the site
- Audubon County – Facebook page has been started for Exira Congregate meals. Liver and onions day is still popular.
- Carroll County – Meal site attendance is down
- Greene County – Meal site attendance is down
- Crawford County – Home delivery is down at meal site
- Mitchell County – New Medicare cards are completed for Iowa, so everyone should have received a new card.
- Franklin County – Nothing to report. Tracy Quinones expressed her gratitude at being able to serve on the Advisory Council for six years.
- Guthrie County – Home deliveries from the site are higher than the attendance at the congregate site.
- Emmet County – Financial Planning for Caregivers will begin on September 26, on Fridays for five weeks. On October 4, Group Respite will be at Arnold's Park to

have Powerful Tools for Caregivers. This program will run in conjunction with Respite Angels. In June Respite Angels partnered with Elderbridge, Echo Plus and the extension at Arnold's Park for an event where Caregivers could get information. A massage therapist was at the event, a manicurist and other information were available to caregivers.

- Wright County – There has been a change from the catering service to the hospital providing the meals on wheels and the congregate meals. There has been positive feedback concerning the meals, and the change has been going well.
- Hancock County – Meals on wheels has gone back up. Having trouble getting people to deliver the meals.
- Clay County – Was wondering who the new dietitian for Elderbridge was. Danielle Bowlin is the new dietitian for Elderbridge. There is a misconception that the meals are a free service.
- CEO Sindt reported that there was a roundtable meeting in the Fort Dodge office on August 13, 2018, with IDA concerning the congregate meal program. Changes need to be made to the program to attract consumers to meal sites. Clay County Fair starts September 8, 2018. Law enforcement lets Elderbridge share their booth. Elderbridge will be at the booth for five days.

## **5.0 Coming Dates**

- 5.1** Next Board Meeting – September 18, 2018, at 10:00 a.m. by conference call.
- 5.2** Older Iowans Legislature – September 24 and 25, 2018, Des Moines State Capitol
- 5.3** HCBS Conference – August 27-30, 2018, Baltimore, Maryland
- 5.4** Next Advisory Council meeting – October 24, 2018, 9:00 a.m. by conference call.

## **6.0 Adjournment**

### **6.1** Adjournment

There being no further business before the Advisory Council, it was moved by Joene Bohlmann and seconded by Alison Hauser to adjourn the meeting at 12:16 p.m. Motion carried.