



ELDERBRIDGE AGENCY ON AGING
ADVISORY COUNCIL MEETING MINUTES
 Conference Call
 Wednesday, October 25, 2017
 9:00 AM

0.0 Call to Order

Becky Koppen, presiding Vice President, called the meeting to order at 9:17 a.m.

0.1 The advisory council members, staff members, and guests introduced themselves. Also present were: Shelly Sindt, CEO, Robert Ammann, Healthy Aging Director and Amy B. Simpson, Executive Assistant. A quorum was present with 14 members in attendance in person and via telephone.

Susan Osvald Audubon	Ex	Tracy Quinones Franklin	Ex	Vacant Osceola	
Vacant Buena Vista		Joan Tiffany Greene	Ex	Maureen Sandberg Palo Alto	Ex
Leane Bodle Calhoun	A	Betty Knudsen Guthrie	Ph	Clint Fogde Pocahontas	A
Joene Bohlmann Carroll	Ph	Becky Koppen Hamilton	Ph	Patricia Rubendall Sac	A
Amanda Ragan Cerro Gordo	Ex	Marlene Gray Hancock	Ph	Lori Hayungs Sioux	Ph
Deb Woodcock Clay	Ph	Janeice Geitzenauer Humboldt	Ph	Vacant Webster	
Steve Fitzgerald Crawford	Ph	Linda Vaudt Kossuth	A	Rick Burke Winnebago	Ph
Kathleen Johnson Dickinson	Ph	Vacant Lyon		Nancy Franck Worth	A
Kelly Schultz Emmett	Ex	Sandy Chilson Mitchell	Ph	Ann Leonard Wright	Ex
Lori Hain Floyd	Ph	Darwin Dau O'Brien	Ph	Lionel Foster Board Rep	Ph

0.2 Items to be added to/deleted from the Agenda by Council Members and Staff
No new items were added and no items were deleted from the agenda.

0.3 Adopt Agenda
It was moved by Lionel Foster and seconded by Joene Bohlmann to adopt the October 25, 2017, agenda. Motion carried.

1.0 **Council Affairs**

1.1 Approval of the August 23, 2017, Council Meeting Minutes
It was moved by Deb Woodcock and seconded by Kathleen Johnson that the August 23, 2017, meeting minutes be approved. Motion carried.

1.2 Open Counties

1.2.1 Buena Vista, Lyon, Osceola and Webster

CEO Sindt stated Buena Vista, Lyon, Osceola and Webster counties are still open and there are some potential names that the Outreach Coordinator would be following up on. Kathleen Johnson stated she would send a potential candidate for Buena Vista County to CEO Sindt.

1.3 Fundraising Committee Report

Endowment information was sent to the members. Elderbridge is trying to grow its endowment fund. There is a 25% tax credit for giving to the endowment. Advisory Council members are encouraged to seek donations for the endowment in their respective counties. Board representative Foster stated he has put together information concerning using the Iowa Lottery as a funding source for the AAA's. CEO Sindt suggested members talk to their local legislators concerning tapping funding from the Iowa Lottery.

It was moved by Janiece Geitzenhauer and seconded by Kathleen Johnson that the Fundraising Committee report be accepted. Motion carried.

1.4 Report on Older Iowan's Legislature

The Older Iowan's Legislature met at the end of September. Board representative Foster stated that it is a great organization to represent older Iowans. He encouraged everyone to visit the OIL website to read the 3 priorities that would be sent to the legislature.

1.5 Joint Planning Committee Appointments (3 to 4 people)

CEO Sindt stated that she needs 3 to 4 volunteers for the Joint Planning Committee to be held on November 3, 2017, in Spencer. Members will be looking at service priorities and the Area Plan Budget for the next fiscal year. Becky Koppen, Steve Fitzgerald, Maureen Sandberg and Lori Hain. It was moved by Joene Bohlmann and seconded by Sandy Chilson that Becky Koppen, Steve Fitzgerald, Maureen Sandberg and Lori Hain serve on the Joint Planning Committee. Motion carried.

2.0 **Board Liaison Report – Lionel Foster**

Board representative Foster stated the Board met a couple of weeks ago and has been focusing on the budget priorities due to the budget cuts. CEO Sindt stated a Strategic Planning

Committee has been formed to determine the mission and vision statements, core values and the strategic plan for the future.

3.0 Agency Report – Shelly Sindt, CEO

3.1 Agency Report

CEO Sindt stated that a new phone system was implemented on October 1, 2017. The ICN was not working well for the agency. The agency previous had a Fonality phone system, which was reinstated and is running well. Elderbridge is seeking a large grant called Benefit Enrollment Centers (BEC) grant for approximately \$100,000. Elderbridge will be partnering with other agencies for this grant. There are currently no BEC's in the state of Iowa. The centers will help seniors and adults with disabilities to access benefits that are available to them. The IDA has requested Elderbridge submit a proposal to do a pilot project for the office of Substitute Decision Maker concerning guardianships, conservatorships and power of attorney. All staff will be attending customer service training in October in Fort Dodge.

3.2 Elderbridge Alliance – Amber Hobson

All phone and in person inquiries are being tracked. Marketing will be expanded into the 29 county area. Staff are meeting with service clubs and doing presentations. Brochures have been revised. A Tai Chi for Arthritis class was added as a service and will be started in Mason City. A gift of service campaign for the upcoming holidays will be posted in the counties. Services can be purchased for their loved ones such as Errand Buddy. Facebook will have videos once a week about the Alliance. Questions about the Alliance will be answered and posted on Facebook.

3.3 Nutrition Report – Robert Ammann

Tai Chi currently has 2 classes underway. Under federal Title IIID the classes are free. Tai Chi has been very popular statewide. Stepping On and Matter of Balance classes are also currently scheduled. The Menu Committee has met and the Fall/Winter menu cycle is in place. The Senior Farmers Market Program continues to be popular and 2,300 people received checks to purchase fresh unprocessed fruits and vegetables. Fresh Conversations has been implemented at 23 meal sites with a goal of opening 6 more sites. Dental screenings will be available this fall through the Iowa Department of Public health at no cost. The screenings are available at Elderbridge meal sites listed in the report provided to the Advisory Council members.

4.0 Community Relations

4.1 County Updates – Feedback from Council Members

Guthrie County – Betty Knudson stated she has been attending the meal site in Guthrie Center with family. There is a salad bar now which is popular.

Hancock County – Stepping On class is going well and another class is scheduled for December. Congregate meals and home delivered meals are about the same. Trouble keeping people to deliver.

Hamilton County – Congregate meal site is going strong. Home delivered is also going well.

Crawford County – Meal site manager is on leave.

Carroll County – Congregate meal site is going down in attendance. There will be 6 classes on diabetes that is very interesting. Free exercise program on Monday, Wednesday and Friday. New assisted living facility caused a drop in meals.

Greene County – Nothing new. Delivering more meals.

Clay County – Dinner Dates attendance is dropping. They enjoy the Fresh Conversations program. The press for Elderbridge Alliance in Clay County has been wonderful.

O'Brien County – Nothing new to report. Attended OIL in September.

Palo Alto County – Dinner Date in Graettinger does not have a location yet. The Lutheran Church has a "Come to Supper" at the end of each month. It is free and the church supplies the meal.

Sioux County – Wellness Newsletters will continue. Currently conducting "Powerful Tools for Caregivers." Dickinson County will be hiring a full-time human sciences position and the focus is on older adults.

5.0 Coming Dates

5.1 Next Board Meeting – November 14, 2017, at 10:00 a.m. by conference call

5.2 County Board of Supervisors meetings are in process of being scheduled. Advisory Council members will be notified of the date and time of meetings.

5.3 Next Advisory Council Meeting – February 28, 2018, at 10:30 a.m. in Fort Dodge Elderbridge office.

6.0 Adjournment

6.1 Adjournment

There being no further business before the Advisory Council, it was moved by Steve Fitzgerald and seconded by Joene Bohlmann to adjourn the meeting at 10:45 a.m.