



**ELDERBRIDGE AGENCY ON AGING
ADVISORY COUNCIL MEETING MINUTES**
308 Central Avenue, Fort Dodge, IA
Wednesday, May 24, 2017
10:30 AM

0.0 Call to Order

Kelly Schultz, presiding president, called the meeting to order at 10:36 a.m.

0.1 The advisory council members, staff members, and guests introduced themselves. Also present were: Shelly Sindt, CEO, Donell Doering, Director of Operations, Annette Petersen, Director of Client Services, and Amy B. Simpson, Executive Assistant. Helen Miller, District 9, House of Representatives was also present. A quorum was present with 23 members in attendance in person and via telephone.

Susan Osvald Audubon	P	Tracy Quinones Franklin	P	Vacant Osceola	P
Vacant Buena Vista		Joan Tiffany Greene	P	Maureen Sandberg Palo Alto	P
Leane Bodle Calhoun	P	Betty Knudsen Guthrie	P	Clint Fogde Pocahontas	P
Joene Bohlmann Carroll	P	Becky Koppen Hamilton	P	Patricia Rubendall Sac	P
Amanda Ragan Cerro Gordo	Ex	Marlene Gray Hancock	P	Lori Hayungs Sioux	Ph
Deb Woodcock Clay	Ex	Janeice Geitzenauer Humboldt	P	Vacant Webster	A
Steve Fitzgerald Crawford	Ex	Paul Haverly Kossuth	P	Rick Burke Winnebago	P
Vacant Dickinson	Ph	Vacant Lyon		Nancy Franck Worth	A
Kelly Schultz Emmett	P	Sandy Chilson Mitchell	P	Ann Leonard Wright	P

Lori Hain P Darwin Dau P Wilma Straus P
Floyd O'Brien Board Rep

0.2 Items to be added to/deleted from the Agenda by Council Members and Staff
No new items were added and no items were deleted from the agenda.

0.3 Adopt Agenda
It was moved by Susan Osvald and seconded by Joan Tiffany to adopt the agenda.
Motion carried.

1.0 Council Affairs

1.1 Approval of the February 22, 2017, Council Meeting Minutes
It was moved by Joan Tiffany and seconded by Joene Bohlmann that the February 22, 2017, meeting minutes be approved. Motion carried.

1.2 Council Membership

1.2.1 Open Counties

Buena Vista, Dickinson, Kossuth, Lyon, Osceola, Webster and Worth Counties are currently open. Members were encouraged to inform staff if there were anyone interested in serving in those open counties.

1.2.2. Members renewed for 1st and 2nd terms

Betty Knudsen, Guthrie County, Leane Bodle, Calhoun County, Kelly Schultz, Emmet County, Joene Bohlmann, Carroll County, Lori Hain, Floyd County and Clint Fodge, Pocahontas County.

1.2.3 Seating of New Members

Darwin Dau, O'Brien County and Becky Koppen, Hamilton County. Becky Koppen is the RSVP Volunteer Coordinator in Hamilton County for the past five years. It is a retired and senior volunteer program. Darwin Dau, has been active in his community for many years. Board Member Mike Otto recommended his appointment.

It was moved by Maureen Sandberg and seconded by Rick Burke that Darwin Dau and Becky Koppen be seated as Advisory Council members. Motion carried.

1.3 Appointment of Nominations Committee

President Schultz called for volunteers for the nominations committee that will provide the slate of officers to be appointed at the August meeting. Marlene Gray, Lori Hain and Joene Bohlmann volunteered.

1.4 Appointment of Liaison to the Board

The liaison presents the Advisory Council at the Board meetings and provides a report to the Board after Advisory Council meetings are held. Ann Leonard from Wright County, volunteered to be the liaison. It was moved by Leande Bodle and seconded by Susan Osvald that Ann Leonard be the Liaison to the Board. Motion carried.

2.0 Board Liaison Report – Wilma Straus

Wilma Straus reported that she had nothing new to report. This will be Wilma Straus' last Advisory Council meeting as her term is up as of July 1, 2017. She thanked everyone for the opportunity to work with the Advisory Council.

3.0 Agency Report – Donell Doering Co-Executive Director

3.1 Agency Report

CEO Sindt stated that the legislature has faced tough budget decisions this current fiscal year and for the next fiscal year. Elderbridge had a 4.25% budget reduction in the current fiscal year. That budget reduction will carry over into next fiscal year with additional cuts. Total budget cuts are \$280,000 which will result in downsizing and reduction in funds for the Home and Community Based Services.

3.2 Area Plan Update

Elderbridge's Area Plan has been submitted to the Iowa Department on Aging for a four year period. Preliminary approval has been given by the Iowa Department on Aging. Yearly updates to the plan will be submitted each year. CEO Sindt will be presenting the Area Plan to the Iowa Department on Aging on June 1, 2017.

3.3 Elderbridge Alliance

Elderbridge Alliance has been created as a fee for service entity. The Alliance will provide services to those seniors who can pay for that service. The launch date is scheduled for July 1, 2017. President Schultz asked if there are fundraising opportunities for Elderbridge Alliance. CEO Sindt stated that is a possibility, but getting the Alliance up and running is taking priority now. Elderbridge Alliance will initially be launched in six counties: Clay, Cerro Gordo, Webster, Carroll, Sioux and Dickinson. If a request comes in from another county, Elderbridge will provide the offered services. Options Counselors and Case Management will be offered as a service as well as errand buddy, home meds and home assessment.

Director of Operations Doering stated that Matter of Balance, Stepping On classes have been conducted to great success and more classes have been scheduled. Two staff members have went to Tai Chi classes in Minneapolis and those classes will soon be scheduled. The Farmer's Market program will begin on June 1, 2017. Income guidelines have to be met to receive the checks.

Elderbridge is currently is waiting to hear if a grant has been awarded from the Farrer Foundation, Hanson Foundation, Bertha Stebens and Kinney Lindstrom Foundation. An update on those foundations will be provided at the next Advisory Council meeting.

4.0 Community Relations

4.1 County Updates – Feedback from Council Members

Emmet County – Group Respite has been started at Arnold's Park. Andrew Buenger, VISTA Volunteer, gave some marketing tips to get attendance up. Estherville has a community meal open to everyone at the VFW site the 4th Monday of the month.

Hamilton County – Has a senior fitness class called BASE. Classes are led by RSVP volunteers. Classes have been very successful. Classes are free to seniors.

Sioux County – Every county has an ISU Extension specialist than can help with topics and classes of interest for seniors. Will send out information concerning classes that are offered by the counties that would be of interest to seniors.

Pocahontas County – The meals on wheels is going well.

Mitchell County – Phone scams and identity theft presentations will be made in Mitchell County.

Carroll County – The assisted living site has caused the meal site attendance to drop. Trying to get the word about the meal site.

Kossuth County – Meal site attendance is down. Stepping On has concluded.

Wright County – Congregate meal site is going well. Need to get word out about Elderbridge services.

Hancock County – Congregate meal attendance is down. Home delivered meals is good.

Guthrie County – Meal site is in hospital. Attended a family caregiver program that was beneficial, but not well attended.

Audubon County – The assisted living facility and care center has opened. Funds were donated to build the care center. Everyone is welcome to visit.

Greene County – Tai Chi is a great program. Should be a lot of interest in program when Elderbridge gets it started. Meals on wheels is about the same. Site manager is needed in Jefferson.

Sac County – Attendance at meal sites could be down because seniors have to travel to meal site, which may be difficult. Lost two meal sites due to numbers.

Floyd County – Meals on wheels has seven routes and numbers have increased from 35 to 43.

Palo Alto County – Graettinger lost meal site. Need to get word out about Elderbridge services. There is a volunteer food pantry in Graettinger that helps seniors.

Winnebago County – Senior Center received a new upgrade, new paint etc. The numbers in Forest City are the same.

O’Brien County - There are meal options in O’Brien County that average about \$5.00 a meal that are not meal sites. Will be finding out what is happening with meal sites for next meeting.

Calhoun County – Need to attract new generation to meal sites.

Humboldt County – Nothing new to report.

Franklin County – There are no significant changes in County.

5.0 Coming Dates

- 5.1** Next Board Meeting – June 20, 2017, at 10:00 a.m. Fort Dodge Elderbridge Office
- 5.2** Older Americans Month – May 2017
- 5.3** Caregiver Outreach Event – Thursday, June 1st – Orange City, Iowa, Pizza Ranch, 1505 8th Street Southeast, 6:00 p.m. buffet dinner.
- 5.4** Caregiver Outreach Event – Thursday, June 8, Sibley, Iowa, Pizza Ranch, 316 9th Street, 6:00 p.m. buffet dinner
- 5.5** Caregiver Outreach Event – Tuesday, June 13th, Sanborn, Iowa, Pizza Ranch, 107 West 7th Street, 6:00 p.m. buffet dinner
- 5.6** World Elder Abuse Awareness Day – June 15
- 5.7** Caregiver Outreach Event – Thursday, June 22nd, Larchwood, Iowa, Grand Falls Casino, 1450 Grand Falls Blvd., 6:00 p.m. buffet dinner.
- 5.8** Next Advisory Council Meeting – August 23, 2017, at 10:30 a.m. Elderbridge Office, Fort Dodge

6.0 Adjournment

6.1 Adjournment

There being no further business before the Advisory Council, it was moved by Joene Bohlmann and seconded by Paul Haverly to adjourn the meeting at 12:26 p.m.