



**ELDERBRIDGE AGENCY ON AGING  
ADVISORY COUNCIL MEETING MINUTES**  
308 Central Avenue, Fort Dodge, IA  
Wednesday, February 22, 2017  
10:30 AM

**0.0 Call to Order**

Kelly Schultz, presiding president, called the meeting to order at 10:37 a.m.

**0.1** The advisory council members, staff members, and guests introduced themselves. Also present were: Donell Doering, Co-Executive Director, Robert Ammann, Healthy Aging Director, Amy B. Simpson, Administrative Assistant, Wilma Straus, Board Representative and Rhea Everett, Elderbridge Intern. A quorum was present with 19 members in attendance in person and via telephone.

Susan Osvald Audubon	P	Tracy Quinones Franklin	P	Larry Pedley Osceola	Ex
Tracy Gotto Buena Vista	A	Joan Tiffany Greene	P	Maureen Sandberg Palo Alto	P
Leane Bodle Calhoun	P	Betty Knudsen Guthrie	P	Clint Fogde Pocahontas	P
Joene Bohlmann Carroll	Ex	Vacant Hamilton		Patricia Rubendall Sac	P
Amanda Ragan Cerro Gordo	Ex	Marlene Gray Hancock	P	Lori Hayungs Sioux	Ex
Deb Woodcock Clay	Ex	Janeice Geitzenauer Humboldt	P	Carol Barber Webster	A
Steve Fitzgerald Crawford	A	Paul Haverly Kossuth	P	Rick Burke Winnebago	Ph
Beth Will Dickinson	Ph	Vacant Lyon		Nancy Franck Worth	A
Kelly Schultz Emmett	P	Sandy Chilson Mitchell	Ex	Ann Leonard Wright	P

Lori Hain P Vacant Wilma Straus P  
Floyd O'Brien Board Rep

**0.2** Items to be added to/deleted from the Agenda by Council Members and Staff  
No new items were added and no items were deleted from the agenda.

**0.3** Adopt Agenda  
It was moved by Susan Osvald and seconded by Joan Tiffany to adopt the agenda.  
Motion carried.

**1.0 Council Affairs**

**1.1** Approval of the October 26, 2016, Council Meeting Minutes

It was moved by Beth Will and seconded by Tracy Quinones that the October 26, 2016, meeting minutes be approved. Motion carried.

**1.2** Open Positions

**1.2.1** Hamilton, Lyon, Osceola and O'Brien

Hamilton, Lyon, Osceola and O'Brien counties remain vacant. President Schultz asked members to assist in filling those county vacancies. President Schultz also informed the Council that many members will be up for renewal as of July 1, 2017, and that applications would be sent out to them if they are interested in renewing for another term.

**1.3** Feedback from Prioritization of Elderbridge Services

Co-Executive Director Doering stated that members were asked to prioritize services and to return their rankings to Elderbridge. The top priorities 1 thru 8 are: 1) Home Delivered Meals; 2) Congregate Meals; 3) Transportation; 4) Homemaker/Personal Care; 5) Case Management; 6) CHORE; 7) Respite; 8) LifeLong Links and Health Promotion. Each county representative was asked to provide the most important services needed in their county. The top four priorities for counties are: Transportation and the need to make it readily available. Second, was a companion program to go into senior's homes. Third, a service to help with personal finances, and the fourth is medication review.

**1.4** Report on Budget Review Committee

Beth Will stated that on the budget review committee met on January 18, 2017. The state has cut funding in the current fiscal year and cuts through 2018. HCBS contracts nutrition sites and direct services were evaluated for possible reductions. Approximately \$83,000 was reduced this fiscal year.

**2.0 Board Liaison Report – Wilma Straus**

Wilma Straus reported that the Board approved the hiring of Shelly Sindt as the Chief Executive Officer. Four Board members will be going off the Board as of July 1, 2017. If anyone knows of individuals that may be willing to serve on the Board to contact Elderbridge.

**3.0 Agency Report – Donell Doering Co-Executive Director**

**3.1** Agency Report

Healthy Aging Director Ammann stated that due to the budget reductions, there will be cuts to the nutrition program budget. Therefore, 10 meal sites will be cut. These

sites are serving very few participants. Meal site participation levels are down for all sites and cuts will continue into FY 2018.

With Shelly Sindt assuming the role of CEO, Donell Doering is now the Director of Operations for the agency. New employee will be hired called Director of Client Services who will oversee Case Management, LifeLong Links and Elder Rights.

### **3.2 Review and Approval of Area Plan Goals and Budget**

The Area Plan that is currently being finalized is for FY 2018-2021. A public hearing was held on January 18, 2017, to provide nutrition counseling as a direct service. The Advisory Council as a group is involved in the area plan process and provides input on prioritization of services. The Iowa Department on Aging gave Elderbridge and the AAA's the following goals:

Goal 1: Iowa Aging Network will protect and enhance the rights; prevent the abuse, neglect, and exploitation of older Iowans.

Goal 2: Iowa Aging Network will work with older Iowans, Iowans with disabilities, and caregivers as they fully engage and participate in their communities, make informed decisions, and exercise self-determination and control about their independence, well being, and health.

Goal 3: Iowa Aging Network will enable older Iowans to remain in their own residence and community of choice.

Service gaps have been identified for the three goals. Elder Specialists and LifeLong Links staff will receive training, nutrition counseling will become a direct service, and marketing LifeLong Links services to the public are some of the areas identified in the Area Plan for the next 4 years. Contracted services are also part of the Area Plan and include the Congregate meal program, home delivered meals, evidenced based health activities, and home and community based services. Co-Executive Director Doering explained the FY 2018 Area Plan Budget and the HCBS/Material Aid Budget.

It was moved by Joan Tiffany and seconded by Janiece Geitzenauer that the Area Plan be approved. Motion carried.

## **4.0 Community Relations**

### **4.1 County Updates – Feedback from Council Members**

Calhoun County – Meal site averages 50 meals a day and 15 meals a day at Golden Meadows. Doing more activities at the meal site.

Sac County – Doing well and numbers are increasing.

Franklin County – Numbers have been dropping due to deaths.

Hancock County – Great site manager. Having trouble getting people to delivery meals.

Humboldt County – MOW has dropped for the county. Other carriers are offering a lower price.

Guthrie County – Have good attendance at meal site, which is at the hospital. Exercise is also available at the meal site.

Greene County – No changes at the meal site.

Audubon County – March 14 is national pie day. Have taken the Renaissance to the congregate meal sites and participants enjoy it. Exira Care Center has opened.

Winnebago County – No changes at the meal site. There has been good attendance at the noon meal this fall. The delivered meals have increased slightly.

Palo Alto County – Meal site numbers are down at Dinner Date.

Emmet County – Regional Wellness Center program on Friday for seniors and is free. For the next 5 months a healthy brunch is going to be provided by the Good Samaritan along with an educational program.

**5.0 Coming Dates**

- 5.1** Next Board Meeting – March 14, 2017, at 10:00 a.m. Fort Dodge Elderbridge Office
- 5.2** Ready, Set, Retire – April 4 & 5, 2017, Northwest Community College, Sheldon, Iowa, Room 115-119, Building A, 5:45 p.m. to 8:30 p.m.
- 5.3** Ready, Set, Retire – April 22, Iowa Central College, East Campus, Fort Dodge, Iowa 9:00 a.m. to Noon.
- 5.4** Next Advisory Council Meeting – May 24, 2017, 10:30 a.m. Elderbridge

**6.0 Adjournment**

**6.1** Adjournment

There being no further business before the Advisory Council, it was moved by Marlene Gray and seconded by Paul Haverly to adjourn the meeting at 12:21 p.m.