



**ELDERBRIDGE AGENCY ON AGING  
ADVISORY COUNCIL MEETING MINUTES**  
308 Central Avenue, Fort Dodge, IA  
Wednesday, August 23, 2017  
10:30 AM

**0.0 Call to Order**

Kelly Schultz, presiding president, called the meeting to order at 10:33 a.m.

**0.1** The advisory council members, staff members, and guests introduced themselves. Also present were: Shelly Sindt, CEO, and Amy B. Simpson, Executive Assistant. A quorum was present with 18 members in attendance in person and via telephone.

Susan Osvald Audubon	Ex	Tracy Quinones Franklin	P	Vacant Osceola	
Vacant Buena Vista		Joan Tiffany Greene	P	Maureen Sandberg Palo Alto	Ex
Leane Bodle Calhoun	P	Betty Knudsen Guthrie	P	Clint Fogde Pocahontas	Ex
Joene Bohlmann Carroll	P	Becky Koppen Hamilton	P	Patricia Rubendall Sac	P
Amanda Ragan Cerro Gordo	Ex	Marlene Gray Hancock	Ex	Lori Hayungs Sioux	P
Deb Woodcock Clay	Ph	Janeice Geitzenauer Humboldt	P	Vacant Webster	
Steve Fitzgerald Crawford	P	Linda Vaudt Kossuth	P	Rick Burke Winnebago	P
Kathleen Johnson Dickinson	P	Vacant Lyon		Nancy Franck Worth	A
Kelly Schultz Emmett	P	Sandy Chilson Mitchell	P	Ann Leonard Wright	P
Lori Hain Floyd	Ex	Darwin Dau O'Brien	A	Lionel Foster Board Rep	P

**0.2** Items to be added to/deleted from the Agenda by Council Members and Staff  
No new items were added and no items were deleted from the agenda.

**0.3** Adopt Agenda  
It was moved by Joan Tiffany and seconded by Joene Bohlmann to adopt the agenda. Motion carried.

**1.0** Council Affairs

**1.1** Approval of the May 24, 2017, Council Meeting Minutes  
It was moved by Janeice Geitzenauer and seconded by Pat Rubendall that the May 24, 2017, meeting minutes be approved. Motion carried.

**1.2** Seating of Council Member Kathleen Johnson from Dickinson County  
Kathleen Johnson has worked with the elderly since 2008 and has been a caregiver for her father. She also has been involved with Meals on Wheels in Dickinson County. It was moved by Lionel Foster and seconded by Tracy Quinones that Kathleen Johnson be seated for Dickinson County. Motion carried.

**1.3** Nominating Committee Report and Election of Officers

**1.3.1** Election of Officers

Nominating Committee member Hayungs stated that emails had been sent out and no responses had been received. A ballot vote was given to members. After tabulating the vote, Susan Osvald, President, Becky Koppen, Vice President and Lori Hain, Secretary were appointed officers.

**1.3.2.** Advisory Representative to the Board

Anna Leonard was recommended to be the liaison to the Board of Directors for the next fiscal year. It was moved by Tracy Quinones and seconded by Joan Tiffany. Motion carried.

**1.4** Council Members

**1.4.1** Open Counties – Buena Vista, Lyon, Osceola and Webster

CEO Sindt stated that an application was given to an interested party for Webster County and the hope is it will be returned soon. There are some possible individuals that will be approached for the remaining open counties.

**1.5** Appointment to Board Fundraising Committee

Liaison to the Advisory Council stated that Tammie McCready is working hard on securing grants for the agency and is in the process of writing several grants. A volunteer from the Advisory Council would work with Fundraising Committee at their own pace. Deb Woodcock from Clay County volunteered to participate on the Fundraising Committee. It was moved by Joene Bohlmann and seconded by Linda Vaudt that Deb Woodcock be appointed to the Fundraising Committee. Motion carried.

**1.6** Determination of meeting schedule

It was determined that the Advisory Council will meet in person at the February and August meetings at 10:30 a.m. in Fort Dodge. The May and October meetings would be by conference call at 9:00 a.m. It was moved by Deb Woodcock and seconded by Betty Knudsen that the meeting scheduled be accepted. Motion carried.

**1.7 ISU Extension Resources for all Counties – Lori Hayungs, Sioux County**

Lori Hayungs, from Sioux County, showed the Advisory Council how to access information at the ISU Extension website concerning county activities. Handouts were also provided. The website has a wealth of information concerning all 99 counties in Iowa. The counties do a good job of keeping their pages up to date. Citizens can also call the extension office to indicate an activity in their county.

Powerful Tools for Caregivers is also listed on the website. Flyers may not be available so it is important to access the information from the website to see when the meetings are scheduled. ISU Extension employees are also available to speak with citizens concerning what is happening in each county.

**2.0 Board Liaison Report – Lionel Foster**

Lionel Foster reported that Board is working on increasing fundraising activities due to the current budget cuts the agency sustained and to increase the agency's endowment, which is also important.

**3.0 Agency Report – Donell Doering Co-Executive Director**

**3.1 Agency Report**

CEO Sindt stated that the Carroll office has been downsized and the office will be shared with other businesses. IT support has changed for the agency to reduce costs. Elderbridge now has a local IT service. AmeriHealth is currently the only MCO that is working with Elderbridge with regard to elderly waiver case management. AmeriHealth will be taking over the case management function as of January 1, 2018. Currently Elderbridge is looking at expanding non-waiver case management. CEO Sindt will be attending a conference in Baltimore to discuss the aging network and how to strengthen it.

**3.2 Elderbridge Alliance**

Elderbridge Alliance a 501(c)(3) was launched July 1, 2017. Those that are able to purchase services can through Elderbridge Alliance. Case management will be offered as well as options counseling. The biggest demand at this point is Errand Buddy. Elderbridge staff will accompany clients to the grocery store or shopping. A patient advocate service is also available where Elderbridge staff will accompany client to doctor's appointment. Income generated from Elderbridge Alliance will go back to Elderbridge.

**4.0 Community Relations**

**4.1 County Updates – Feedback from Council Members**

Humboldt County – Stepping On and Tai Chi classes are being conducted through the hospital. Meals on wheels are down.

Calhoun County – Had questions regarding fundraising. Was encouraged to contact Tammie McCready at Elderbridge for ideas.

Sioux County – There will be Powerful Tools for Caregivers classes. Humboldt on August 31 on Thursdays and in Sibley on Tuesdays beginning in September.

Hamilton County – Has an exercise program for seniors also. BASE senior fitness program is ongoing and free to seniors. Hamilton and Webster have a winter weatherization program for low income, elderly and veterans. There are congregate meals in the senior center where RSVP is located.

Emmet County – There is an exercise class once a month. Respite Angels and Good Samaritan will have food available after class and also education. September 6 there will be a program regarding identity theft.

Dickinson County – Community Table on the 2<sup>nd</sup> and 4<sup>th</sup> Thursdays of the month that is free to everyone. It is put on by the ministerial association. On the 2<sup>nd</sup> and 4<sup>th</sup> of each month Okobodji also has meals at the community center.

Crawford County – Nothing new, meals are done.

Carroll County – Congregate meal site is going down. New assisted living facility caused a drop in meals.

Greene County – Nothing new. Delivering more meals.

Clay County – Upper Des Moines Opportunity is sharing office space with Elderbridge as well as the warehouse for the food pantry.

Winnebago County – Meals and Wheels in Forest City is about the same. Congregate numbers have remained the same.

## **5.0 Coming Dates**

**5.1** Next Board Meeting – September 12, 2017, at 10:00 a.m. at Kennedy Park in Fort Dodge

**5.2** Older Iowans Legislature – September 25 and 26, 2017, State Capitol, Des Moines

**5.3** Next Advisory Council Meeting – October 25, 2017, at 9:00 a.m. Conference Call

## **6.0 Adjournment**

**6.1** Adjournment

There being no further business before the Advisory Council, it was moved by Joene Bohlmann and seconded by Tracy Quinones to adjourn the meeting at 12:35 p.m.