

# Elder Rights Program

The goal of the Elderbridge Elder Rights program is to address and focus on prevention, intervention, detection and reporting of elder abuse.

The senior consumer will have a variety of options that will help enhance and protect their independence and life. Elderbridge Elder Rights Specialists work with individuals who voluntarily accept our services.



## How it works...

- A confidential referral/intake process
- Ongoing assessment of the situation
- Development of an intervention plan to reduce identified risks
- Continued follow-up until it is agreed that our services are no longer needed

# Office Locations



Mason City  
22 N. Georgia, Ste. 216  
Mason City, IA 50401  
641-424-0678



Fort Dodge  
308 Central Avenue  
Fort Dodge, IA 50501  
515-955-5244



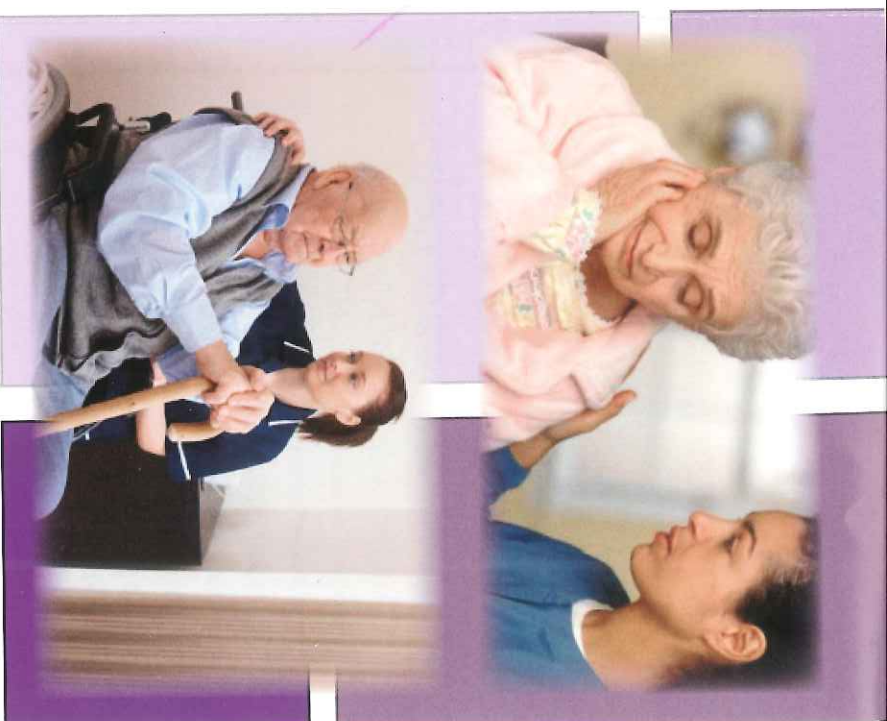
Spencer  
714 10th Avenue E  
Spencer, IA 51301  
712-262-1775



Carroll  
603 N. West Street  
Carroll, IA 51401  
712-792-3512

# 800-243-0678

[www.elderbridge.org](http://www.elderbridge.org)



Help end the fear of Elder Abuse

# Elder Rights Program

  
**Elderbridge**  
AGENCY ON AGING  
*Choices today... Possibilities tomorrow.*



# Seniors Matter

Support Elder Abuse Awareness

## How you can help

If someone you know is in immediate danger, contact your local law enforcement.

To report abuse in the community,

contact the **Iowa Department of Human Services at 800-362-2178.**

To report abuse in a long term care facility, contact the **Iowa Department of Inspections & Appeals at 877-686-0027.**

Referrals to the Elder Rights Program may be received from the older adult, family, friends, neighbors, DHS, law enforcement, service providers, or the general public.

**To make a referral or for more information, call 1-800-243-0678.**

## Know the signs of Elder Abuse

- Sudden changes in financial situations may be the result of exploitation. An example would be: irregular spending habits or bank withdrawals, inappropriate purchases, etc.
- Bruises, pressure marks, broken bones, abrasions, and burns may be an indication of physical abuse, neglect, or mistreatment.
- Unexplained withdrawal from normal activities, a sudden change in alertness, and unusual depression may be indicators of emotional abuse.
- Bruises around the breasts or genital area can occur from sexual abuse.
- Bedsores, unattended medical needs, poor hygiene, and unusual weight loss are indicators of possible neglect.
- Behavior such as belittling, threats, and other uses of power and control by spouses/family members are indicators of verbal or emotional abuse.
- Strained or tense relationships, frequent arguments between the caregiver and elderly person are also signs.



Helping today to maintain independent and safe living tomorrow.